# 87 Essays Exploring Intuitive Art Through Soulcollage



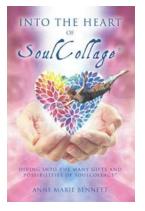
When it comes to exploring intuitive art, one method that has gained significant recognition is Soulcollage. With numerous essays dedicated to this unique form of self-expression, artists and enthusiasts alike have embarked on a deep dive into the world of intuitive art through the lens of Soulcollage.

#### **Understanding Soulcollage**

Soulcollage, a term coined by Seena Frost, refers to a process that combines creativity, intuition, and personal exploration. It involves creating collages using carefully selected images, intuitively chosen by the artist, to represent their deeper emotions, thoughts, and experiences.

Into the Heart of SoulCollage: 87 Essays Exploring Intuitive Art Through SoulCollage: Diving Into the Many Gifts and Possibilities of SoulCollage (Personal Growth Through Intuitive Art)

by Anne Marie Bennett (Kindle Edition)



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Language	;	English
File size	;	454 KB
Text-to-Speech	;	Enabled
Screen Reader	;	Supported
Enhanced typesetting	;	Enabled
Word Wise	;	Enabled
Print length	;	277 pages
Lending	:	Enabled



With a deck of Soulcollage cards, an artist can embark on a journey of selfdiscovery, allowing their inner voice to guide them through the creation of each unique card. By reflecting on the symbolism within the images used, individuals can gain insight into their subconscious, emotions, and aspirations.

#### **Exploring the Power of Intuitive Art**

Intuitive art has long been recognized as a powerful tool for self-expression and healing. Through the process of creating art without relying on logical or rational thinking, individuals can tap into their deepest emotions and gain a better understanding of themselves.

The process of creating Soulcollage cards encourages individuals to immerse themselves in the present moment, allowing their intuition to guide their choices. The images chosen often hold deeper meanings that may not be immediately apparent, but as artists reflect and explore, they can uncover hidden insights and connections.

#### 87 Essays on Soulcollage Exploration

The world of intuitive art through Soulcollage has sparked the curiosity of many artists and writers, leading to the creation of a vast collection of essays. These 87 essays offer unique perspectives, personal stories, and in-depth analyses of the power of intuitive art and the transformative journey that Soulcollage can provide.

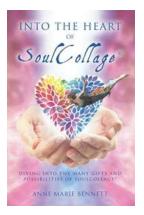
Each essay delves into different aspects of the creative process, exploring the artist's emotions, inspirations, and personal growth through Soulcollage. From discussing card symbolism to sharing profound experiences with intuitive art, these essays provide a rich tapestry of insights.

These essays act as beacons for aspiring artists and individuals curious about the potential impact of Soulcollage in their own lives. They offer practical advice, creative prompts, and thought-provoking questions that encourage readers to embark on their own creative journeys.

Importantly, these essays also serve as a testament to the transformative power of intuitive art. Through storytelling and personal anecdotes, readers are reminded of the potential for self-discovery, healing, and growth that Soulcollage can offer.

With the guidance of 87 essays exploring intuitive art through the lens of Soulcollage, artists and enthusiasts have compiled a valuable resource for anyone interested in embarking on their own creative and introspective journey.

Soulcollage provides a unique opportunity to tap into the subconscious, explore personal symbolism, and gain a deeper understanding of one's emotions. Through the selection and arrangement of images within a deck of Soulcollage cards, individuals can unlock a world of creative possibilities. So, whether you are an established artist or someone curious about the power of intuitive expression, the essays on Soulcollage can serve as a guiding light on your journey towards self-discovery.



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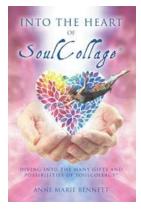
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SoulCollage<sup>®</sup> is a process where we create an ongoing deck of collaged 5x8 cards, each one representing some aspect of our lives and our journey. The cards are used with journaling activities, small group activities, and more, to dive into our hearts and souls. Many inner discoveries are made as the process continues. It is fun, simple, and anyone can do it!

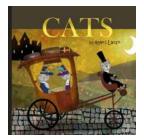
These 87 inspiring essays will lead you to a better understanding of the SoulCollage® process in relation to: creativity, your inner voices, working with shadow, archetypes, seasons/holidays, lessons from television, difficult times, and the big picture of SoulCollage®.

Each essay is followed by prompts for journaling as well as suggestions for SoulCollage® card making and further reading. If you are new to the process, you will get a good feel for the inner depths that you can discover. If you are already making cards, you will be invited to swim deeper into the heart-opening process that is SoulCollage®.



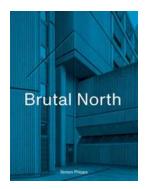
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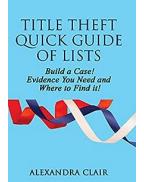
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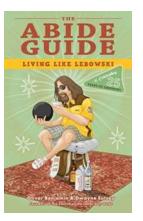
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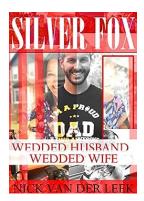
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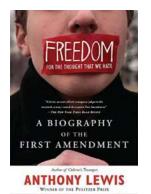
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