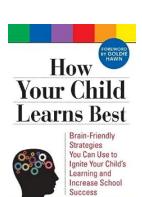
Brain Friendly Strategies You Can Use To Ignite Your Child Learning And

As parents, we strive to provide the best education and learning experiences for our children. We want them to excel academically and develop a strong foundation of knowledge and critical thinking skills. However, sometimes traditional teaching methods may not be the most effective way to ignite your child's learning and creativity.

Fortunately, there are brain-friendly strategies and techniques you can use to enhance your child's learning experience. By understanding how the brain works and what stimulates optimal learning, you can tailor your approach to meet your child's unique needs. In this article, we will explore some of these strategies and explain why they are effective.

The Power of Multisensory Learning

One of the most effective brain-friendly strategies is incorporating multisensory learning into your child's education. This approach involves engaging multiple senses such as sight, hearing, touch, and movement in the learning process. By appealing to different senses, you can significantly enhance your child's memory retention and overall understanding of the subject matter.



Willis, MD, MEd

How Your Child Learns Best: Brain-Friendly
Strategies You Can Use to Ignite Your Child's
Learning and Increase School Success

by Judy Willis (Kindle Edition)

★ ★ ★ ★4.5 out of 5Language: EnglishFile size: 1431 KBText-to-Speech: Enabled

Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 338 pages



For example, instead of simply reading a history textbook, you can take your child to a museum where they can see and touch historical artifacts. Additionally, you can use visual aids such as infographics and videos to reinforce concepts. By integrating multisensory learning into your child's education, you can create a more interactive and engaging learning environment.

The Importance of Play in Learning

Another brain-friendly strategy is to incorporate play into your child's learning routine. Play is a natural and enjoyable way for children to learn and explore the world around them. When children engage in play, they activate multiple parts of their brain, including those responsible for creativity, problem-solving, and critical thinking.

You can incorporate play into learning by using educational toys and games that promote cognitive development. For example, puzzles can enhance problemsolving skills, while building blocks can improve spatial awareness and motor skills. By allowing your child to play and explore, you are providing them with a brain-friendly learning experience that fosters curiosity and creativity.

Building Strong Connections Through Emotion

Emotions play a significant role in learning and memory formation. When an emotional connection is made to a particular subject or experience, the brain is more likely to prioritize it and store it in long-term memory. By leveraging this

emotional connection, you can help your child learn and retain information more effectively.

One way to create such emotional connections is by incorporating real-life examples and personal stories into your child's learning. For instance, when teaching math, you can provide real-world applications and explain how these concepts are used in everyday life. By making the subject matter relatable and emotionally engaging, you can spark your child's interest and enhance their learning experience.

Brain Breaks and Physical Movement

Sitting for long periods can be detrimental to learning and attention span.

Research has shown that regular physical movement and brain breaks can significantly improve cognitive function and concentration. By allowing your child to take short breaks and engage in physical activities, you are providing their brain with the necessary oxygen and nutrients to function optimally.

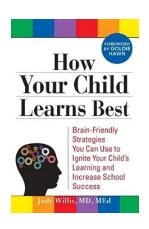
You can incorporate brain breaks by engaging in activities such as stretching, dancing, or going for a short walk. Additionally, you can consider introducing kinesthetic learning, which involves using physical movement to reinforce learning concepts. For example, you can use hand gestures or body movements to help your child remember and understand difficult vocabulary words.

The Power of Visualization and Mind Maps

Visualization and mind maps are powerful tools that can aid in memory retention and conceptual understanding. By encouraging your child to visualize information and create visual representations of their learning, you can help them make connections and organize their thoughts effectively.

When studying, encourage your child to create mind maps or diagrams to summarize and represent complex concepts. This visual representation will not only enhance their understanding of the subject matter but also serve as a useful tool for future reference. By activating the visual centers of the brain, visualization techniques can significantly enhance learning and retention.

When it comes to igniting your child's learning and creativity, traditional teaching methods may not always be the most effective. By incorporating brain-friendly strategies into their education, you can provide a more engaging and stimulating learning experience. Whether it's through multisensory learning, play, emotion, physical movement, visualization, or mind maps, these strategies are designed to tap into the brain's natural processes and optimize learning outcomes. So why wait? Start implementing these strategies today and watch your child's learning soar to new heights!



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Brain-Based Strategies You Can Use Today to Enhance Your Child's Love of Learning

How Your Child Learns Best is a groundbreaking guide for parents that combines the latest brain research with the best classroom practices to reveal scientifically savvy ways to improve your child's success in school.

Written by Judy Willis, MD, MEd, a board-certified neurologist who is also a full-time classroom teacher, How Your Child Learns Best shows you not only how to help your child learn schoolwork, but also how to capitalize on the way your child's brain learns best in order to enrich education wherever you are, from the grocery store to the car - a necessity in today's "teach to the test" world.

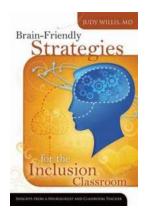
By using everyday household items and enjoyable activities, parents of children ages three to twelve can apply targeted strategies (based on age and learning strength) in key academic areas, including:

- Reading comprehension
- Math word problems
- Test preparation
- Fractions and decimals
- Oral reading
- Reports and projects
- Science and history
- Reading motivation
- Vocabulary

Discover how to help your child increase academic focus and success, lower test stress while increasing test scores, increase class participation, foster creativity, and improve attention span, memory, and higher-level thinking.

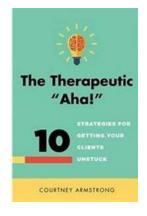
How Your Child Learns Best shows how to maximize your child's brain potential and offers something for every parent who wants the best for his or her child.

"At last we parents now have a reference that will help guide us in assisting our children's growth and flowering. This book is what parents have been searching for and need now more than ever." - from the foreword by Goldie Hawn



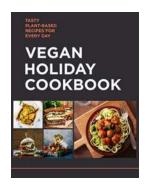
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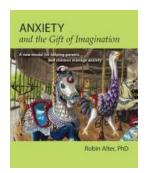
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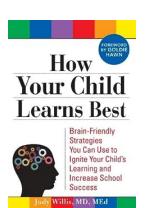
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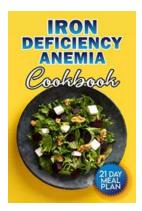
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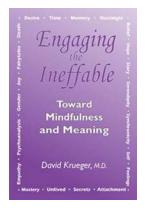
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