

Coming To My Senses - A Journey of Rediscovery

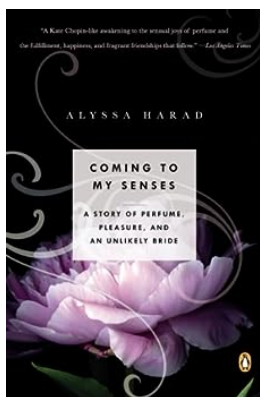


Have you ever found yourself caught up in the chaos of everyday life, feeling detached from the world around you? The constant demands of work, relationships, and technology can easily cloud our perception and leave us yearning for a deeper connection. In the midst of this fast-paced world, it becomes essential to take a moment to pause and rediscover our senses.

Awakening the Dormant Senses

Coming To My Senses is an invitation to embark on a profound journey of self-discovery through reconnecting with our senses. It is a reminder to slow down, embrace the present moment, and engage fully with our surroundings. By doing

so, we open ourselves up to a realm of experiences that we may have long forgotten.



Coming to My Senses: A Story of Perfume, Pleasure, and an Unlikely Bride

by Alyssa Harad (Kindle Edition)

★★★★☆ 4.1 out of 5

Language : English
File size : 973 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 271 pages



The Power of Sight

Our eyes are the gateways to the world, allowing us to witness the beauty and wonder that surrounds us. However, in our fast-paced lives, we often take this sense for granted. Coming To My Senses encourages us to savor the visual delights of nature – the breathtaking sunsets, vibrant landscapes, and intricate details of each passing moment.



The Melodies of Sound

With the constant noise pollution in our cities and the distraction of constant notifications, our sense of hearing can become dulled. *Coming To My Senses* encourages us to rediscover the joy of silence and the harmonious symphony that nature provides. The soothing sound of crashing waves, the rustling of

leaves, and the melodious chirping of birds can transport us to a state of tranquility.



Indulging in Fragrance

Amidst the artificial scents that surround us, we often forget the subtle nuances and intoxicating fragrances that nature offers. Coming To My Senses encourages us to immerse ourselves in the aromas of freshly bloomed flowers, the earth after

rain, and the invigorating scent of a forest. These scents have the power to invigorate our minds and reconnect us to the present moment.



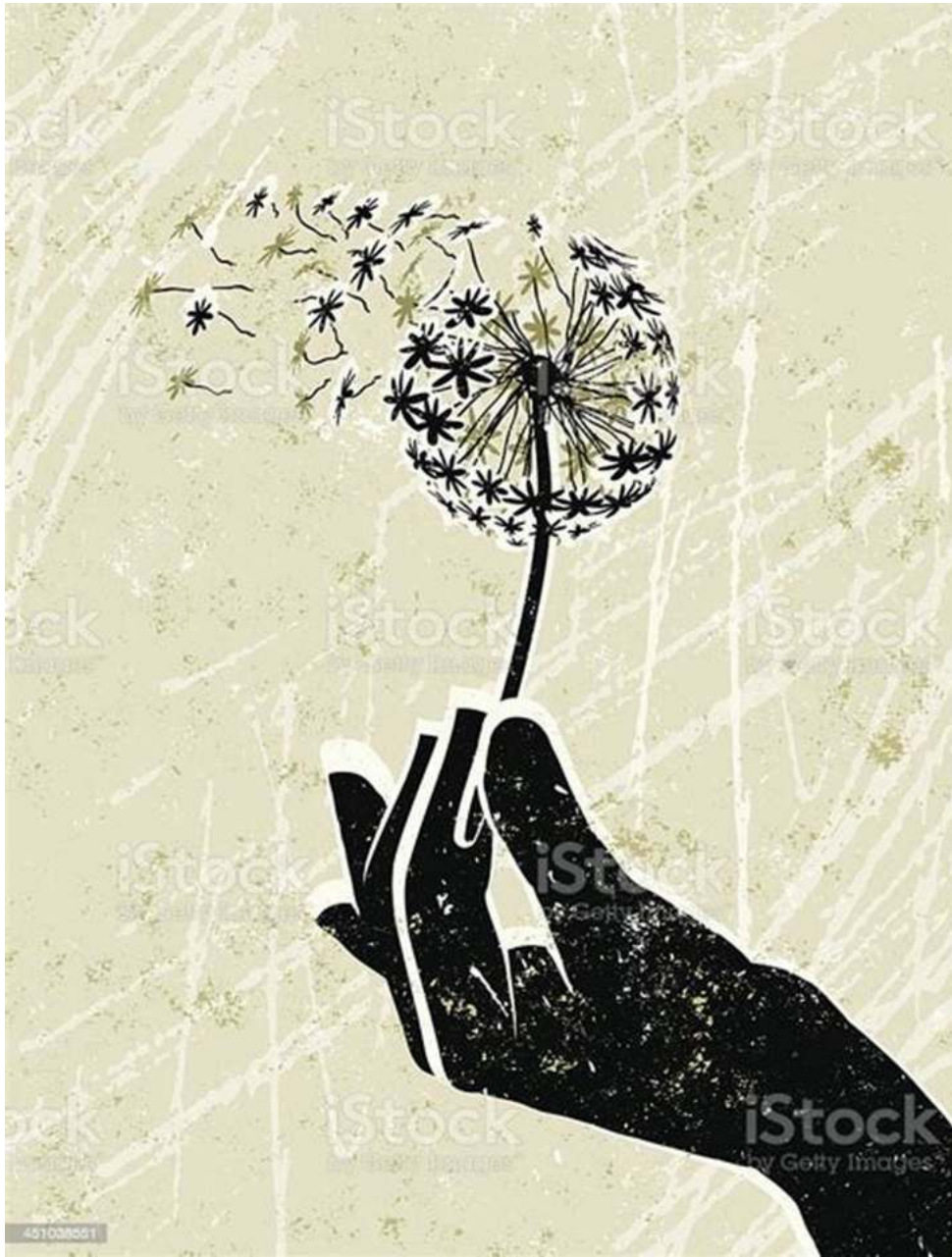
Tasting Life's Flavors

Modern life often pushes us towards mindless eating, where we devour our meals without truly savoring the flavors. *Coming To My Senses* encourages us to awaken our taste buds to the subtle delights of food. By slowing down, being mindful of each bite, and appreciating the intricate flavors, we can find joy in the simplest of meals.



Touching the World

In a digital age, our sense of touch can often be neglected. Coming To My Senses guides us on a journey to reconnect with the world through touch. Feeling the softness of grass beneath our feet, the warmth of the sun on our skin, or the comforting embrace of a loved one can reignite our senses and ground us in the present moment.

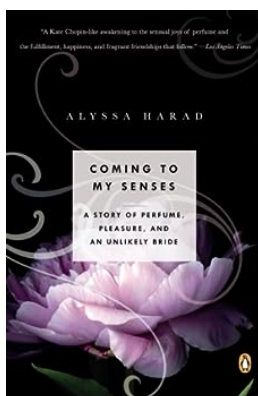


Embracing the Journey of Rediscovery

The beauty of Coming To My Senses lies in its simplicity. It is a gentle reminder to reconnect with our senses, allowing us to find beauty, joy, and a sense of meaning in even the most mundane aspects of life. By slowing down and immersing ourselves in the world around us, we can peel away the layers of detachment and step into a realm of vibrant experiences.

So, take a leap of faith and embark on this journey of rediscovery. Let *Coming To My Senses* guide you towards a life filled with wonder, connection, and profound moments that will leave an indelible mark on your soul.

Start your journey today!



Coming to My Senses: A Story of Perfume, Pleasure, and an Unlikely Bride

by Alyssa Harad (Kindle Edition)

★★★★☆ 4.1 out of 5

Language : English

File size : 973 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 271 pages



A sudden love affair with fragrance leads to sensual awakening, self-transformation, and an unexpected homecoming

At thirty-six—earnest, bookish, terminally shopping averse—Alyssa Harad thinks she knows herself. Then one day she stumbles on a perfume review blog and, surprised by her seduction by such a girly extravagance, she reads in secret. But one trip to the mall and several dozen perfume samples later, she is happily obsessed with the seductive underworld of scent and the brilliant, quirky people she meets there. If only she could put off planning her wedding a little longer. . . .

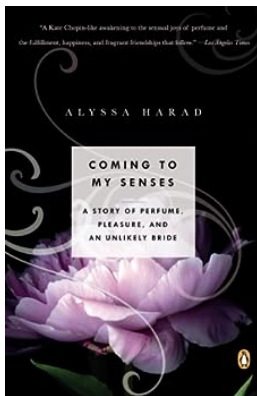
Thus begins a life-changing journey that takes Harad from a private perfume laboratory in Austin, Texas, to the glamorous fragrance showrooms of New York

City and a homecoming in Boise, Idaho, with the women who watched her grow up. With warmth and humor, Harad traces the way her unexpected passion helps her open new frontiers and reclaim traditions she had rejected. Full of lush description, this intimate memoir celebrates the many ways there are to come to our senses.



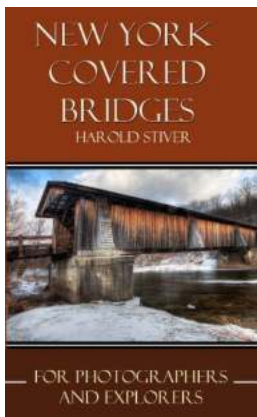
Science Based Medically Proven Way To Stop Involuntary Peeing And Pooping No.

Involuntary peeing and pooping can be embarrassing and distressing for individuals who experience it. Known as urinary and fecal incontinence respectively, these conditions...



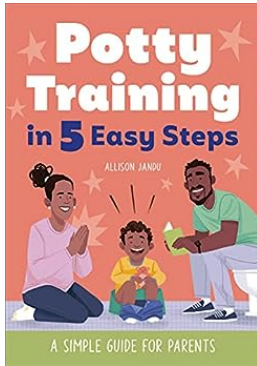
Coming To My Senses - A Journey of Rediscovery

Have you ever found yourself caught up in the chaos of everyday life, feeling detached from the world around you? The constant demands of work,...



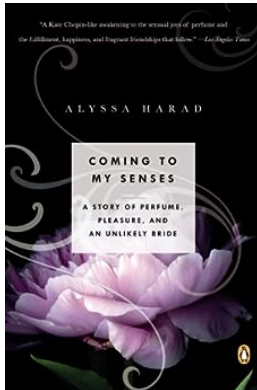
New York Covered Bridges: Exploring the Legacy of Harold Stiver

When it comes to picturesque landscapes and architectural marvels, New York has always been a top contender. With its towering skyscrapers and iconic...



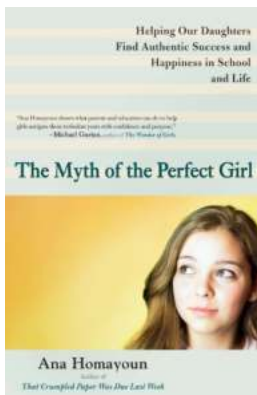
The Ultimate Simple Guide For Parents: Unlocking Effective Parenting Strategies

Parenting is one of the most rewarding, yet challenging roles a person can have. With each child being unique, it can be overwhelming for parents to navigate through the...



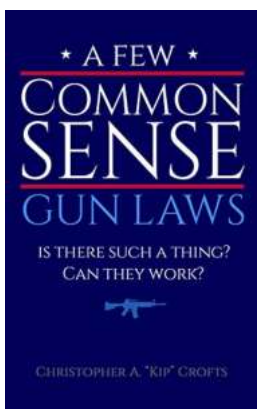
Coming To My Senses - A Journey of Rediscovery

Have you ever found yourself caught up in the chaos of everyday life, feeling detached from the world around you? The constant demands of work,...



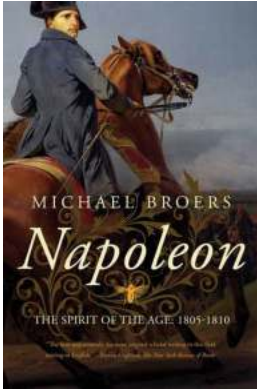
The Myth Of The Perfect Girl: Debunking Society's Unrealistic Expectations

It is undeniable that society has long perpetuated the idea of the perfect girl. From fairy tales to advertisements, this idealized image has been...



Few Commonsense Gun Laws That Promote Safety and Protect Lives

Gun control has been a hotly debated topic in recent years, as communities grapple with the issue of gun violence. While there are passionate arguments on both sides of the...



Napoleon Michael Broers: The Extraordinary Life of a Remarkable Historian – A Story of Passion and Dedication

When it comes to uncovering the truth about one of history's greatest military leaders, Napoleon Bonaparte, there is one name that consistently stands out:...