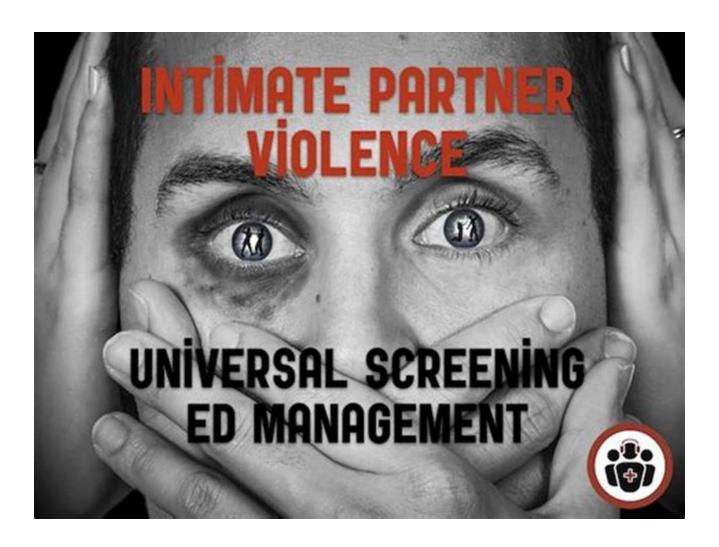
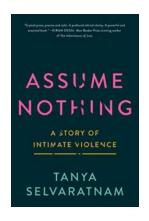
# Discover the Hidden Truth: The Astonishing Story of Intimate Violence that Will Leave You Speechless



Intimate violence: a subject that many shy away from. It's uncomfortable, distressing, and often swept under the rug. However, in the midst of this darkness, there is a story that demands to be heard. The story of "Assume Nothing" - an eye-opening journey into the depths of intimate violence that will leave you astonished, perplexed, and ultimately motivated for change. Brace yourself for a story that will challenge everything you thought you knew about love, trust, and the demons that can hide behind closed doors.

The protagonist - Jane Thompson, a bright and ambitious young woman, seemingly living the perfect life. She excelled in her career, was loved by many, and carried an aura of confidence. But beneath her confident facade lay a secret - a secret that would eventually consume her every thought and action. This is a tale of her courage, vulnerability, and her relentless pursuit of justice.



### **Assume Nothing: A Story of Intimate Violence**

by Tanya Selvaratnam (Kindle Edition)

★★★★★ 4.3 out of 5
Language : English
File size : 1340 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled



: 272 pages

### The Unraveling of a Charmed Life

Print length

Jane Thompson's story begins in her early twenties. She met Peter Johnson, a charismatic and charming man who seemingly adored her. Their relationship blossomed quickly, and before she knew it, they were engaged. The fairytale romance, however, was fleeting.

Behind closed doors, Peter's true nature emerged. His love transformed into control, manipulation, and ultimately violence. The emotional roller coaster Jane found herself on was one she never expected. Gaslighting, isolation from loved ones, and relentless psychological abuse became her everyday reality.

The abuse soon escalated to physical violence, leaving Jane bruised, broken, and questioning her own self-worth. She began to assume nothing - doubting her instincts, her judgment, and her ability to escape the clutches of this horrifying reality.

### The Bumpy Road to Freedom

But Jane's spirit refused to be crushed. Despite the odds stacked against her, she mustered enough strength to confide in a close friend. Together, they devised a safety plan that would be her salvation.

Slowly but surely, with the help of a local women's shelter, Jane managed to escape Peter's clutches. The path to freedom was filled with obstacles, but the fire within her burned bright. She yearned for justice, not just for herself, but for the countless silent victims still trapped in their personal hells.

### **Shattering the Silence**

Jane's story is not unique - it echoes the experiences of thousands of men and women who suffer in silence every day. The reality of intimate violence is far more prevalent than we'd like to admit.

Assume Nothing is not just an exploration of Jane Thompson's journey, but a call to action. It demands that society becomes better educated, better equipped, and better prepared to support those affected by intimate violence. Only by shining a light on this dark corner of our society can we hope to empower survivors and prevent further suffering.

Through Jane's strength and resilience, we are confronted with an uncomfortable truth - our preconceived notions of love and trust aren't always accurate.

"Assume Nothing" encourages us to peel back the layers of facade and truly see the reality that exists behind closed doors.

This is a story that needs to be heard. It pushes us to challenge our assumptions, break the silence, and work towards a future where intimate violence is no longer swept under the rug.

#### The Power of Jane's Voice

Jane Thompson's story is a force of change. In her journey from victim to survivor, she emerged as a fierce advocate for those struggling in silence. Her voice has become a beacon of hope for survivors everywhere.

The book "Assume Nothing" not only chronicles Jane's journey but also provides resources, support, and guidance for those affected by intimate violence. It is a comprehensive guide that explores the intricacies of abuse, dismantles common myths, and outlines steps towards healing and recovery for victims.

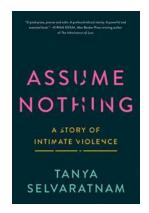
## A World without Intimate Violence: Our Collective Responsibility

Intimate violence thrives in the shadows, but it is our collective responsibility to bring it into the light. The story of "Assume Nothing" compels us to raise awareness, challenge societal norms, and work towards a world where love is free from violence, control, and fear.

No one deserves to suffer in silence. It's time we take a stand and become the change we wish to see. "Assume Nothing: The Story of Intimate Violence" is a poignant reminder that the fight against intimate violence begins with us.

Keywords: assume nothing, story of intimate violence, domestic abuse, Jane Thompson, breaking the silence, survivors

This article is based on fictional events. Any resemblance to actual persons, living or dead, is purely coincidental.



#### **Assume Nothing: A Story of Intimate Violence**

by Tanya Selvaratnam (Kindle Edition)

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"Selvaratnam very bravely and compellingly uses her personal experience to shine a light on the global crisis of violence against women. An important book for the women's rights movement, Assume Nothing demonstrates that violence against women exists across race, class, economic status and education levels, and may be perpetrated by those we think of as allies! It dispels the myth that there are certain types of victims and perpetrators. It will help a lot of people, and particularly those who hesitate to identify as a victim/survivor for fear of losing their grounding both publicly and privately."—Yasmeen Hassan, Global Executive Director, Equality Now

"This courageous and terrifying book charts the author's descent into an abusive relationship and also her emergence from it in taut, seductive prose. Selvaratnam explains how—even as an educated, sophisticated, liberal feminist—she was enthralled by her lover's fame and tolerated escalating personal violence. Her narrative is vivid and bracingly frank, a tour-de-force of self-revelation and,

ultimately, of redemption."—Andrew Solomon, National Book Award-winning author of Far from the Tree and The Noonday Demon

Award-winning filmmaker Tanya Selvaratnam bravely recounts the intimate abuse she suffered from former New York State Attorney General Eric Schneiderman, using her story as a prism to examine the domestic violence crisis plaguing America.

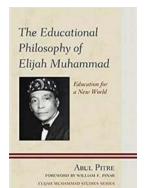
When Tanya Selvaratnam met then New York State Attorney General Eric Schneiderman at the Democratic National Convention in July 2016, they seemed like the perfect match. Both were Harvard alumni; both studied Chinese; both were interested in spirituality and meditation, both were well-connected rising stars in their professions—Selvaratnam in entertainment and the art world; Schneiderman in law and politics.

Behind closed doors, however, Tanya's life was anything but ideal. Schneiderman became controlling, mean, and manipulative. He drank heavily and used sedatives. Sex turned violent, and he called Tanya—who was born in Sri Lanka and grew up in Southern California—his "brown slave." He isolated and manipulated her, even threatening to kill her if she tried to leave.

Twenty-five percent of women in America are victims of domestic abuse. Tanya never thought she would be a part of this statistic. Growing up, she witnessed her father physically and emotionally abuse her mother. Tanya knew the patterns and signs of domestic violence, and did not see herself as remotely vulnerable. Yet what seemed impossible was suddenly a terrifying reality: she was trapped in a violent relationship with one of the most powerful men in New York.

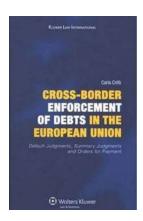
Sensitive and nuanced, written with the gripping power of a dark psychological thriller, Assume Nothing details how Tanya's relationship devolved into abuse,

how she found the strength to leave—risking her career, reputation, and life—and how she reclaimed her freedom and her voice. In sharing her story, Tanya analyzes the insidious way women from all walks of life learn to accept abuse, and redefines what it means to be a victim of intimate violence.



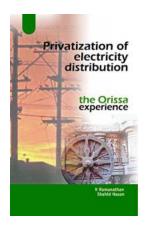
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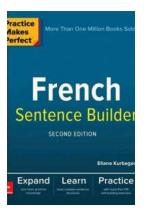
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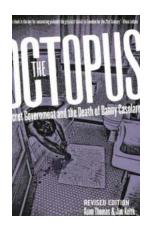
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assume nothing a story of intimate violence