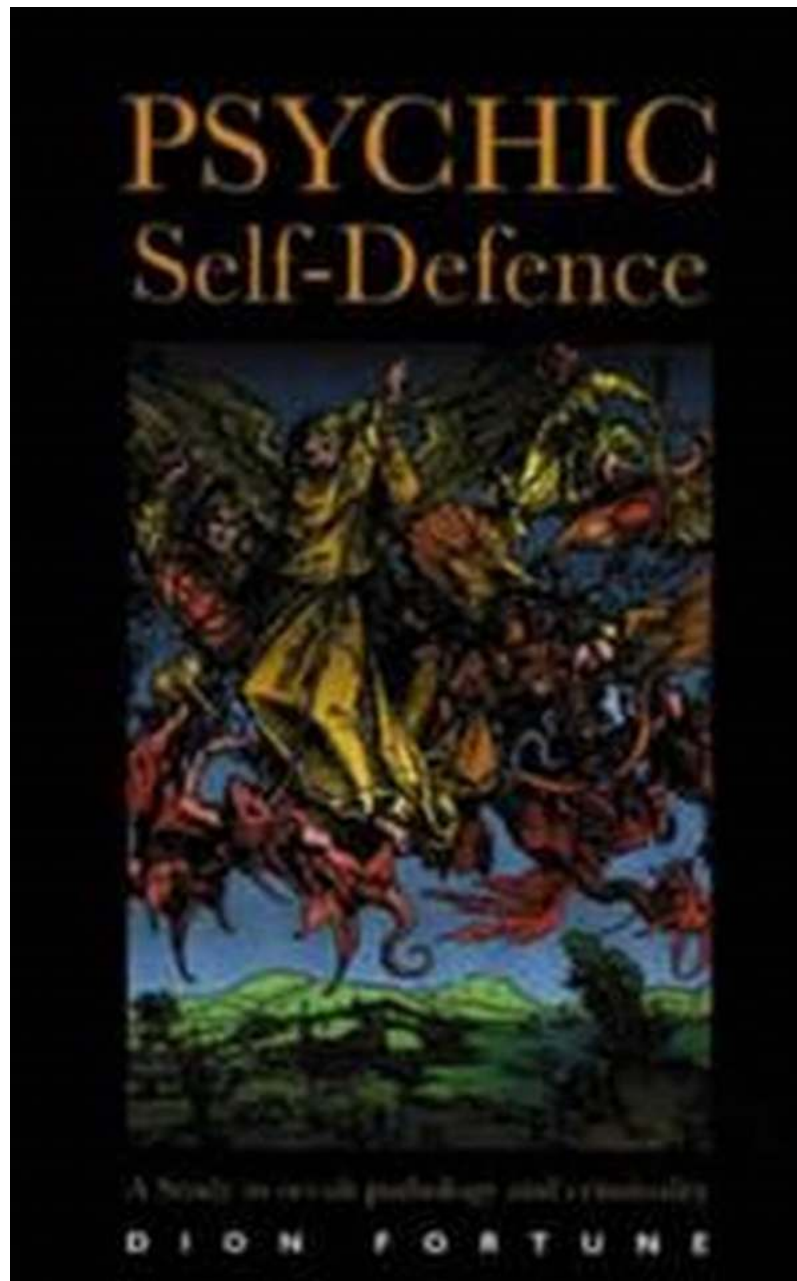


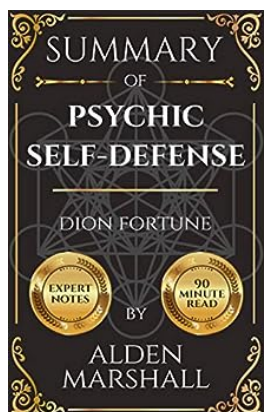
Discover the Ultimate Guide to Psychic Self Defense: Protecting Your Mind, Body, and Soul



When it comes to the spiritual realm, many people are unaware of the risks and threats that can harm their well-being. Just as we take measures to protect our

physical bodies, it is essential to understand the importance of psychic self-defense to safeguard our minds, bodies, and souls.

In her influential book "Psychic Self Defense," renowned occultist Dion Fortune sheds light on the significance of protecting ourselves from negative energies, psychic attacks, and various occult forces that seek to undermine our spiritual development and personal growth.



Summary of Psychic Self-Defense by Dion Fortune

by Alden Marshall (Kindle Edition)

★★★★☆ 4.4 out of 5

Language : English
File size : 1387 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 402 pages
Lending : Enabled



Unraveling the Intricacies of Psychic Self-Defense

Fortune's book serves as a comprehensive guide, encompassing the various aspects of psychic self-defense. Starting with an introduction to the invisible world, she explores the existence of psychic powers and the potential dangers they pose.

Furthermore, the book extensively covers the role of the aura and its vulnerability to negative energies. Fortune emphasizes the significance of cultivating a strong, vibrant aura as it acts as our first line of defense against psychic attacks.

She provides detailed insights into recognizing psychic attacks, including the symptoms and signs that indicate the presence of such negative influences. By deepening our understanding of these indicators, we become better equipped to counter and cleanse our energetic fields.

Additionally, Fortune delves into the various methods of psychic defense, ensuring readers are well-prepared to face any negative influences. From visualization techniques to the use of protective rituals and talismans, she provides practical advice and guidance for fortifying personal energy fields.

Understanding the Nature of Psychic Attacks

In exploring the nature of psychic attacks, Fortune highlights the importance of awareness and mindfulness. She emphasizes the need to discern between ordinary negativity and deliberate psychic attacks, enabling individuals to respond effectively without unnecessary panic or fear.

Fortune describes various types of psychic attacks such as thought forms, enchantments, and psychic vampirism. By unraveling the intricacies of these phenomena, readers gain a deeper understanding of the diverse ways negative energies can manifest and impact their lives.

Moreover, she analyzes the motives behind psychic attacks, shedding light on the intentions of those who might seek to harm or manipulate others for personal gain. Armed with this knowledge, readers can develop strategies to protect themselves and maintain their own spiritual integrity.

Implementing Psychic Self-Defense Techniques in Daily Life

One of the key strengths of "Psychic Self Defense" lies in its practical approach to safeguarding one's well-being. Fortune equips readers with a wide array of

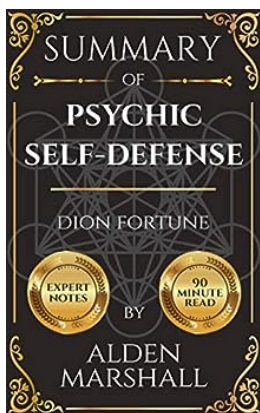
techniques and practices that can be easily incorporated into daily life.

From grounding exercises and shielding visualizations to the importance of meditation and spiritual cleansing rituals, readers are presented with an assortment of tools to navigate the spiritual realm confidently.

Furthermore, Fortune encourages individuals to cultivate their spiritual awareness and connection with higher forces by exploring various metaphysical practices such as white magic, the use of incense, and prayer.

As we venture into the increasingly interconnected spiritual realm, the need for psychic self-defense becomes paramount. Dion Fortune's "Psychic Self Defense" provides a comprehensive and accessible guide to navigate this complex realm, ensuring we protect our minds, bodies, and souls from negative energies and psychic attacks.

By understanding the various aspects of psychic self-defense, readers can empower themselves to recognize and counteract negative influences, allowing them to embark on their spiritual journey with confidence, resilience, and peace of mind.



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A concise and professionally-researched summary of Dion Fortune's book: "Psychic Self-Defense".

From Alden Marshall's Condensed Esoterica series, this complete summary provides a fast and straightforward way to understand and study the main ideas and concepts of the original source text.

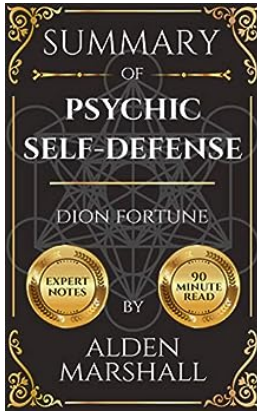
About the Original Book:

Psychic Self-Defense by Dion Fortune discusses the identification, causes, effects, and methods of defense against various forms of psychic and magical attacks. "Psychic attacks," as she calls them, may originate from the mind of fellow humans or they may be due to the concentration of unseen forces at certain places. In addition to this, the author provides numerous details about the dangers and cultures associated with occult practice, providing the reader with the means to navigate successfully in this dark and fascinating world.

Added-value of this summary:

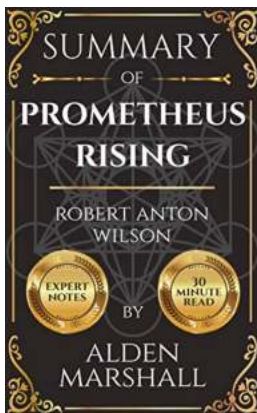
- * Save time
- * Understand the key concepts
- * Expand your knowledge

Note to readers: This is an unofficial summary and analysis of the book and not the original book itself. Alden Marshall and the Condensed Esoterica Collection are wholly responsible for this content and are not associated with the original author in any way. You are encouraged to purchase and read the original text in addition to this summary.



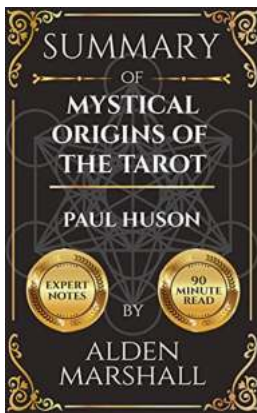
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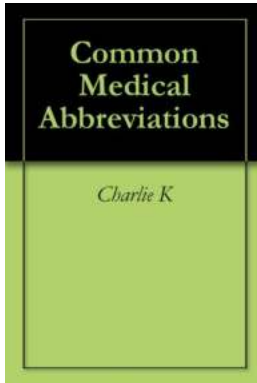
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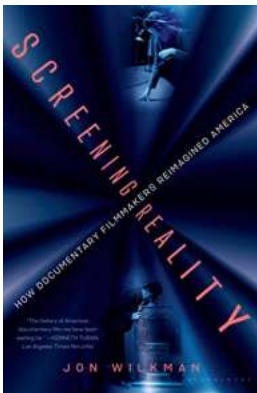
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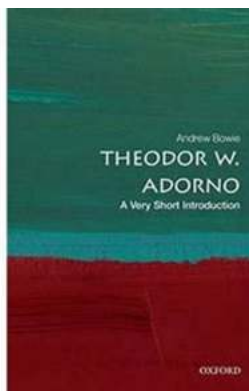
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