

# From "Back in Our Day" to "These Kids Nowadays": How Parenting Has Evolved

PARENTING	
THEN	NOW
<small>FROM A HOUSEKEEPING MAGAZINE, PUBLISHED IN 1959</small>	<small>FROM THE INTERNET.</small>
<b>NURSE YOUR BABY</b>	<b>BREAST IS BEST BUT FORMULA IS OK, TOO</b>
<b>KEEP YOURSELF CALM AND WELL WHILE YOU ARE CARING FOR YOUR BABY</b>	<b>WATCH OUT FOR POST-PARTUM DEPRESSION</b>
<b>BATHE YOUR BABY EVERY DAY</b>	<b>ONLY USE NATURAL PRODUCTS ON YOUR BABY</b>
<b>BE SURE THE BABY GETS AT LEAST 16 HOURS OF SLEEP A DAY THE FIRST YEAR</b>	<b>SLEEP TRAINING IS NOT ADVISED</b>
<b>KEEP YOUR CHILD OUT OF CROWDS</b>	<b>SOCIAL INTERACTION HELPS CHILDREN GROW</b>
<b>BOIL BOTTLES AND NIPPLES AFTER USING</b>	<b>SANITIZE EVERYTHING</b>
<b>GIVE THE BABY COMPLETE QUIET AT FEEDING AND SLEEPING HOURS</b>	<b>USE A SOUND MACHINE, STUFFED ANIMAL, STARS, AND AN AIR PURIFIER</b>
<b>DON'T GIVE THE BABY TEA, COFFEE, BEER, OR WINE</b>	<b>DON'T GIVE THE BABY GMO'S, NON-ORGANIC FOOD, OR PRESERVATIVES</b>
<b>DON'T BE A MARTYR TO YOUR BABY</b>	<b>EXERCISE SELF CARE</b>
<b>THOUGH HE CRIES, DON'T PICK UP YOUR BABY IF HE IS WELL</b>	<b>ATTACHMENT PARENTING THEORY V. FREE RANGE PARENTING</b>
<b>DON'T ALLOW PLAY AFTER FEEDING HOURS</b>	<b>PLAY IS A CHILD'S WORK!</b>

**"THERE IS NO SUCH THING AS A PERFECT PARENT. SO JUST BE A REAL ONE."** -SUE ATKINS

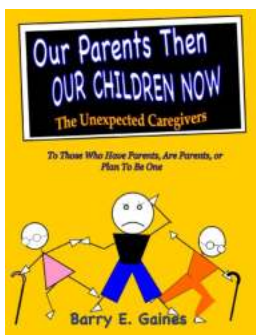


**Creative World**

Remember the good old days when our parents used to tell us stories about how they grew up? They would claim that our generation could never understand the struggles they faced or the discipline they had to abide by. Well, fast forward to

today, and we find ourselves uttering those same phrases when it comes to our own children.

Parenting has indeed undergone a significant transformation over the years. From the societal changes to the technological advancements, every generation of parents has faced unique challenges and adapted their parenting methods accordingly. Let's take a walk down memory lane and explore how our parents raised us compared to how we are raising our children today.



## OUR PARENTS THEN, OUR CHILDREN NOW:: The Unexpected Caregivers by Barry E. Gaines (Kindle Edition)

★★★★★ 5 out of 5

Language	: English
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Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
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### The Good Ol' Days

Think back to your childhood, when life seemed simpler, and the world felt a little less chaotic. Our parents grew up in a time when technology was far from pervasive, and children spent most of their time outdoors, engaging in imaginative play.

Discipline was often stricter back then. Our parents weren't afraid to make use of the proverbial wooden spoon or give us a stern lecture if we misbehaved. They

emphasized respect and expected us to obey without questioning their authority.

Education was important but often revolved around traditional methods. Memorization and lectures were the norm rather than hands-on learning experiences. Our parents may have walked several miles to school every day and had a considerably limited access to educational resources compared to what children have today.

## **The Modern Era of Parenting**

Fast-forward to the present, and parenting has taken a rather different turn. Technology now rules our everyday lives, and children are exposed to gadgets from a much younger age. The internet has opened up a world of information at their fingertips, making them more curious but also susceptible to various online influences.

These days, parenting focuses more on positive reinforcement rather than strict discipline. Time-outs have somewhat replaced spankings, and parents often encourage open communication to build trust with their children. The emphasis has shifted towards understanding and nurturing their emotional development rather than expecting them to blindly comply.

Education has evolved as well. Schools now offer a wide range of interactive and hands-on learning experiences. Technology has become integrated into the classroom, allowing children to explore various subjects in new and engaging ways. Parents place great importance on extracurricular activities that enable their children to develop a multitude of skills and pursue their individual passions.

## **The Challenges and Perks of Both Eras**

While we may sometimes idealize the parenting methods of the past or criticize the choices made by modern parents, it is essential to acknowledge that both eras presented unique challenges and advantages.

Our parents often wonder if we appreciate the luxuries and opportunities that we have today. They may be nostalgic for the simplicity and innocence of their own childhood, while we marvel at the possibilities and advancements that our children can enjoy.

It is crucial to strike a balance between preserving the core values and lessons taught by our parents while embracing the new ways of parenting in a rapidly changing world. Finding that middle ground can help us raise well-rounded and adaptable individuals who respect their roots but have the skills to thrive in the present and future.

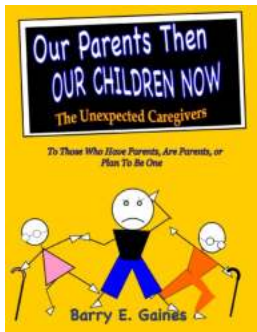
## **In**

Raising children has never been an easy task, regardless of the era. Our parents did the best they could with the resources and knowledge available to them, just as we strive to do for our children today.

As we reflect on the differences between our parents' approach and our own, let's appreciate the progress that has been made and the opportunities that our children have. At the same time, let's also cherish the wisdom and valuable experiences of our parents, keeping them alive in our own parenting journey.

So, the next time you find yourself saying, "These kids nowadays..." take a moment to acknowledge the growth and evolution that has taken place, both in parenting and in society as a whole. Let's embrace the challenges and joys of raising the next generation, equipped with the knowledge and experiences that have shaped us.

Article by: Your Name



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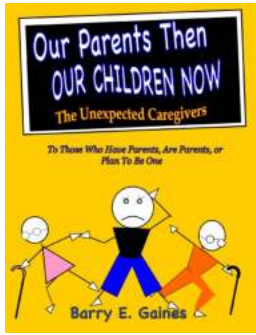
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Are you a parent? Do you have parents? Do you plan to become one?

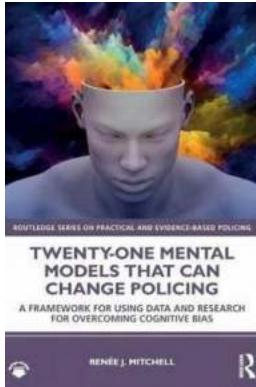
A poignant, at times humorous and nostalgic memoir as the eldest of three brothers finds himself traveling a surprising, unexpected, journey taking on the responsible role as head caregiver to his disabled aunt in Chicago and ailing parents in California.

Not just a “how to” book, but reflections of nostalgic passages, especially in the 50s and 60s, then Gaines becoming caregiver to his parents’ until their passing in 1998 and 2001, brings full value to this slice of Americana.



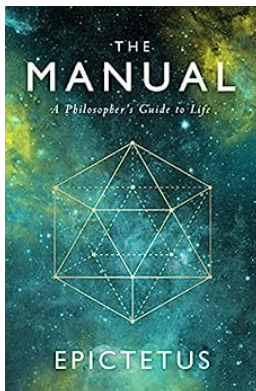
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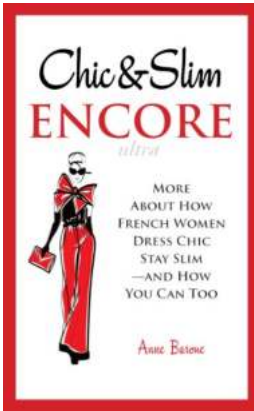
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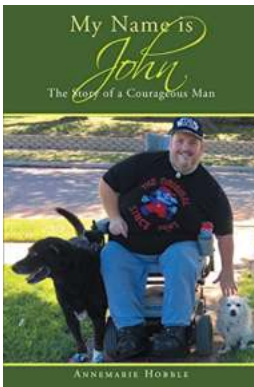
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