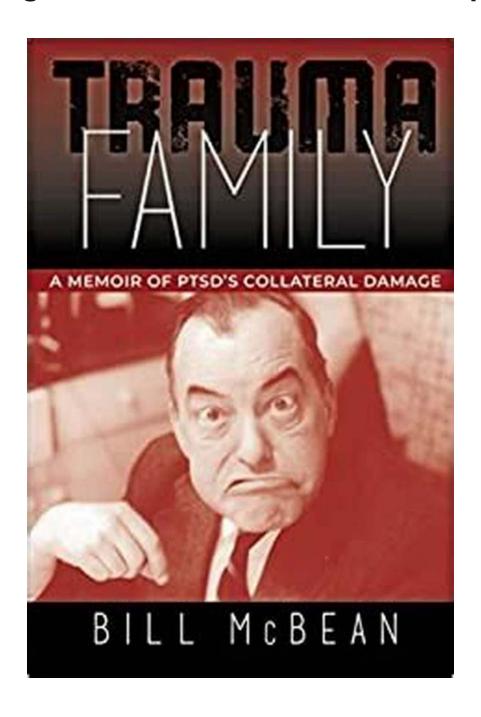
Memoir Of PTSD Collateral Damage: A Gripping Tale of Resilience and Redemption

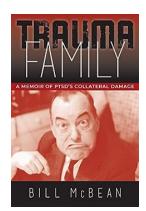


PTSD, or Post-Traumatic Stress Disorder, is a condition that affects millions of individuals around the world. It is often associated with veterans who have experienced the horrors of war, but PTSD can affect anyone who has gone through a traumatic event. In the memoir titled "PTSD Collateral Damage," the

author takes us on a deeply personal journey of their own battle with PTSD and the collateral damage it has caused in their life.

The Unveiling of the Invisible Wounds

The memoir delves into the author's harrowing experience in a warzone, where they witnessed unimaginable atrocities. The vivid descriptions transport readers to the heart of the conflict, allowing us to taste the fear, smell the gunpowder, and feel the weight of their burden. The author's ability to captivate readers through their honest and raw account of events is nothing short of extraordinary.



Trauma Family: A Memoir of PTSD's Collateral

Damage by Bill McBean (Kindle Edition)

★★★★★ 4.8 out of 5

Language : English

File size : 9836 KB

Text-to-Speech : Enabled

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 325 pages

Lending : Enabled



Moments of Darkness and Despair

Throughout the memoir, the author pulls no punches in describing the effects of PTSD on their mental and emotional well-being. Weaving through the complexities of their emotions, the reader is given an insight into the deep darkness and despair that PTSD brings. These moments are painful to witness, but they are an essential part of understanding the gravity of the collateral damage caused by this condition.

Collateral Damage Beyond the Author's Existence

While the memoir primarily focuses on the author's own struggles, it also sheds light on the collateral damage experienced by their loved ones. Relationships strain and crack under the weight of PTSD, leaving both the author and their family grasping for resolution. The poignant exploration of these deeply human connections adds another layer of richness to the memoir, reminding us of the all-encompassing impact of PTSD.

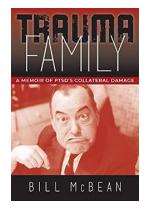
A Beacon of Hope and Resilience

Amidst the darkness, however, there are glimmers of hope that shine through the author's unwavering resilience. The memoir showcases their unwavering determination to emerge from the grasp of PTSD and rebuild their life. This story of redemption and healing serves as a beacon of hope for others who may find themselves facing similar battles.

Opening Up the Conversation

The powerful narrative presented in "PTSD Collateral Damage" opens up an essential conversation about mental health and the impact of trauma on individuals and society. By sharing their story, the author helps to break down the stigma surrounding PTSD and encourages others to seek the help they may need.

"PTSD Collateral Damage" is a memoir that will leave readers breathless, haunted by the realities faced by those dealing with PTSD. It serves as a reminder of the resilience of the human spirit and the importance of understanding and support when it comes to mental health. This gripping tale of survival is one that demands to be heard, reminding us all of the collateral damage that should never be ignored.



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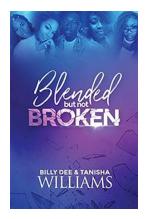
An Army lieutenant returns from World War II, riven by PTSD. He wants to be an attorney, so he's forced to keep his illness a secret. As far as he knows, there's only one cure for the devastating nightmares that began during his command of an artillery company: Scotch whiskey and lots of it.

Although Peter McBean could keep his secret safe from the world, he couldn't keep his family from finding out. Often, when he was swept up by his nightmares, his wife and his only son provided a terrified audience. Later, his four daughters fell under the sway of his peculiar form of sadism during which he built tickling into a painful and brutal art form. Four of five children ended up exhibiting symptoms of Secondary Trauma: Depression, Anxiety, Alcoholism and/or drug abuse, inability to learn and Objective Defiance Disorder.

Fortunately, Lt. McBean wrote over 100 letters from the battlefield describing in horrible detail the stark reality he witnessed. His artillery unit, which landed in France about a month after D-day in 1944, fought its way inland, sweeping through France and into Germany. He survived the Battle of the Bulge, the Battle of Mortain and the Battle of the Falaise Pocket before coming home to New York in September of 1945.

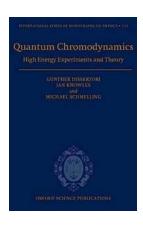
The letters allowed his son Bill to finally understand what happened to his father

in Europe, and after he returned to war-weary America. They also served as a catalyst, allowing Bill to finally get his arms around how his own life had unfolded, as well as the lives of his four sisters. The journalist in him reemerged from retirement to write a memoir about his own life in the hope that today's military families won't need to suffer the way his did.



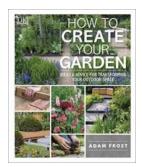
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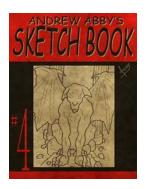
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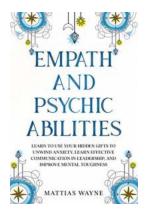
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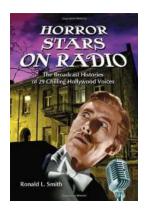
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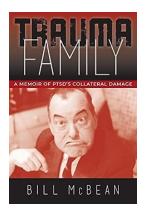
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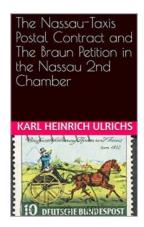
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