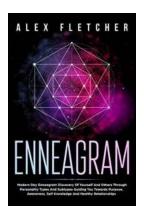
Modern Day Enneagram Discovery Of Yourself And Others Through Personality Types

The Enneagram is a powerful tool that has gained popularity in recent years as a means of understanding oneself and others on a deeper level. It is a modern-day discovery that provides insights into nine distinct personality types, offering a framework for personal growth and interpersonal dynamics.

Understanding the Enneagram

The Enneagram is not just another personality test. It goes beyond categorizing individuals into simple labels; instead, it delves into the core motivations and fears that shape our behavior. It helps us understand our strengths and weaknesses, illuminating patterns we may not have been aware of.

The Enneagram identifies nine different types, each with its unique set of characteristics and tendencies. These types are not fixed boxes that restrict us; they rather act as starting points for self-awareness and growth.



Enneagram: Modern Day Enneagram Discovery Of Yourself And Others Through Personality Types And Subtypes Guiding You Towards Purpose, Awareness, Self Knowledge ... Purpose, Self Help And Spirituality Book 2)

by Sorkunde Olabarri Legarreta (Kindle Edition)

★★★★ 4.8 out of 5

Language : English

File size : 3273 KB

Text-to-Speech : Enabled

Enhanced typesetting : Enabled

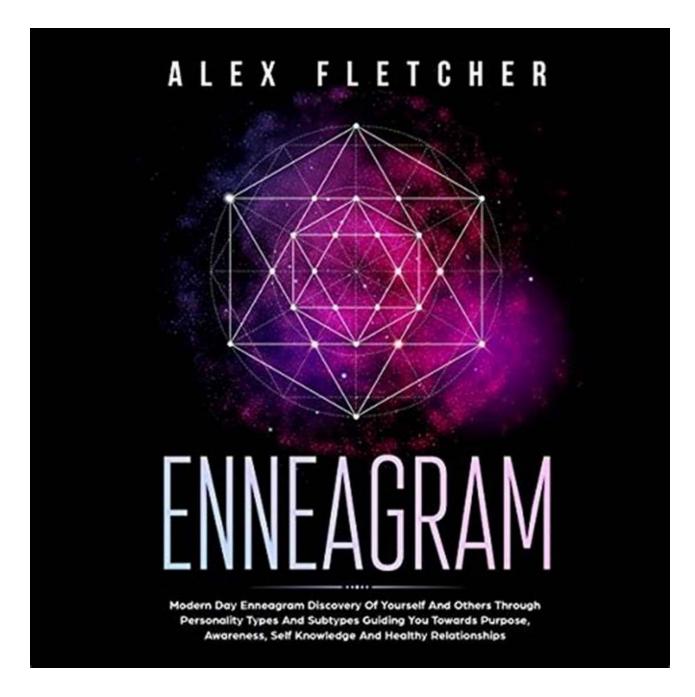
Word Wise : Enabled

Print length : 84 pages Lending : Enabled

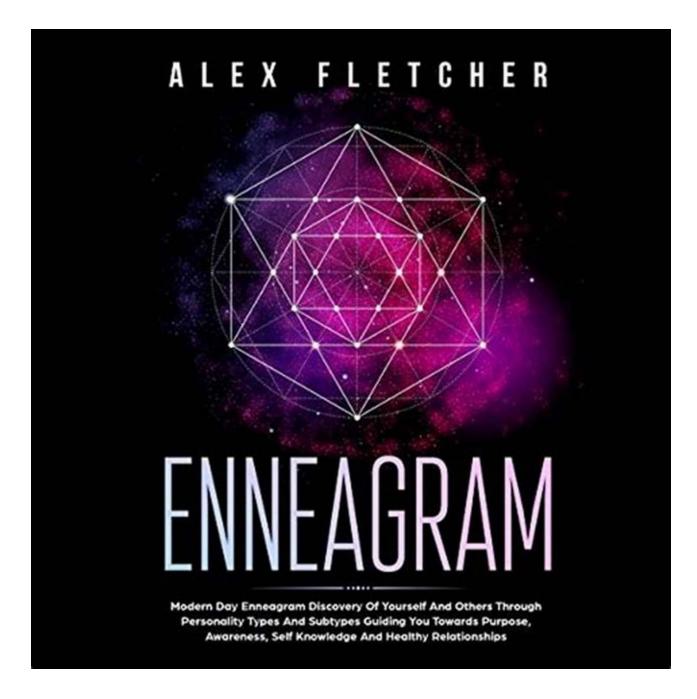


The Nine Personality Types

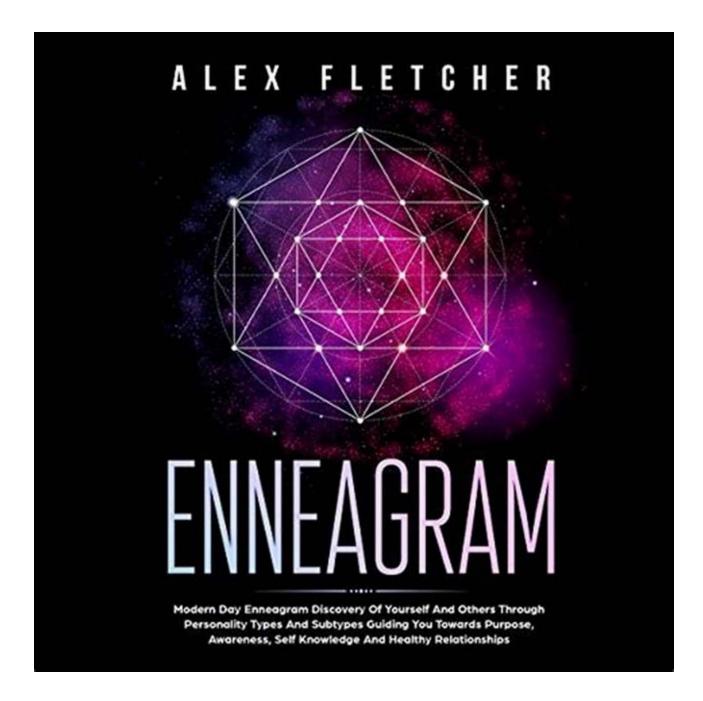
1. The Perfectionist/Reformer: Driven by the need to do things right, perfectionists are highly principled and detail-oriented.



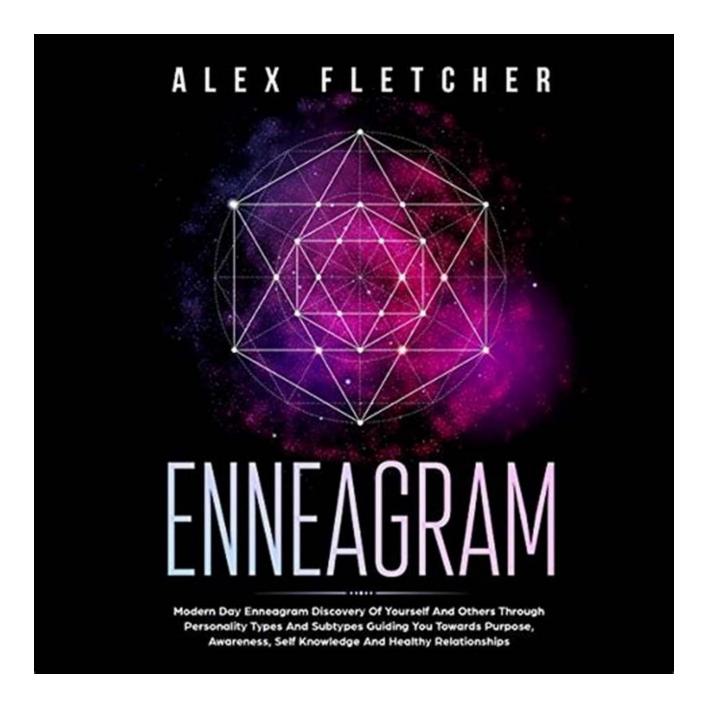
2. The Helper/Giver: Helpers are caring and nurturing, always looking out for the needs of others.



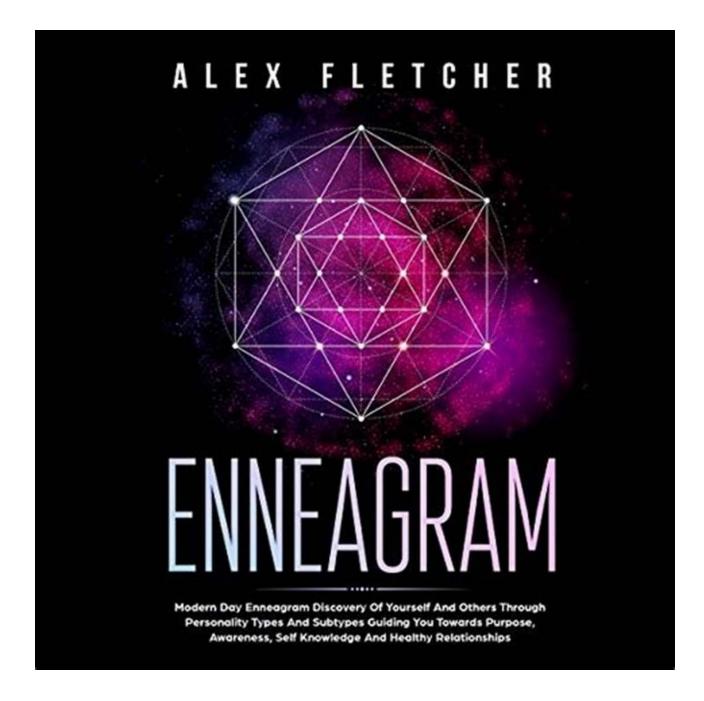
3. The Achiever/Performer: Achievers are ambitious and success-driven, constantly striving for excellence.



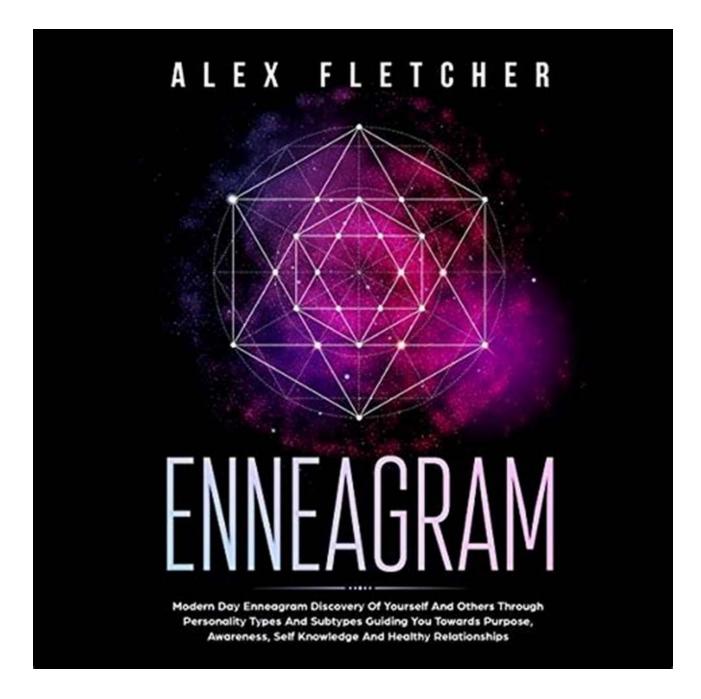
4. The Individualist/Artist: Individualists are unique and creative, often deeply in touch with their emotions.



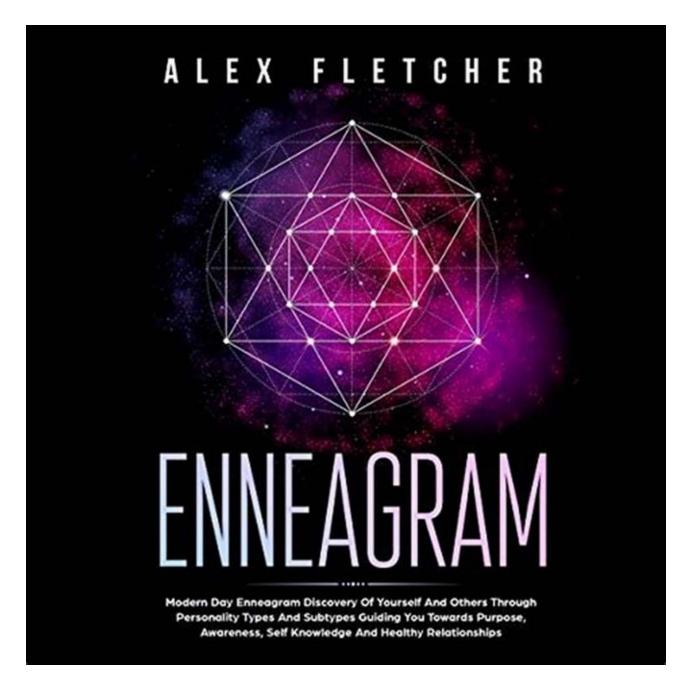
5. The Investigator/Thinker: Investigators are intense thinkers, constantly seeking knowledge and understanding.



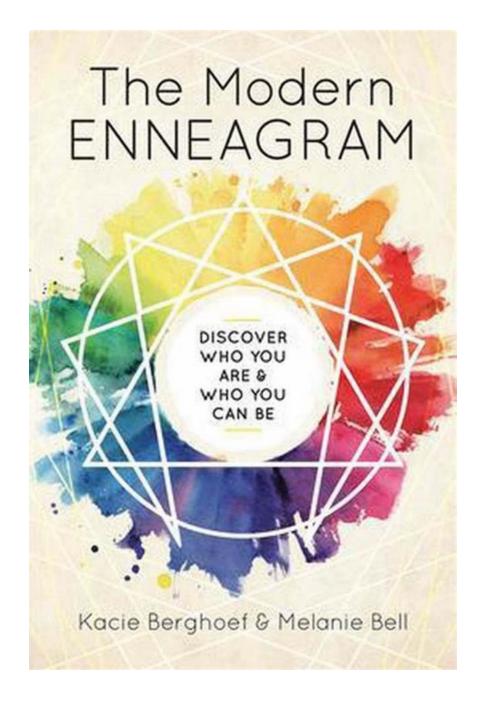
6. The Loyalist/Loyal Skeptic: Loyalists are loyal and reliable, but can also be skeptical and anxious.



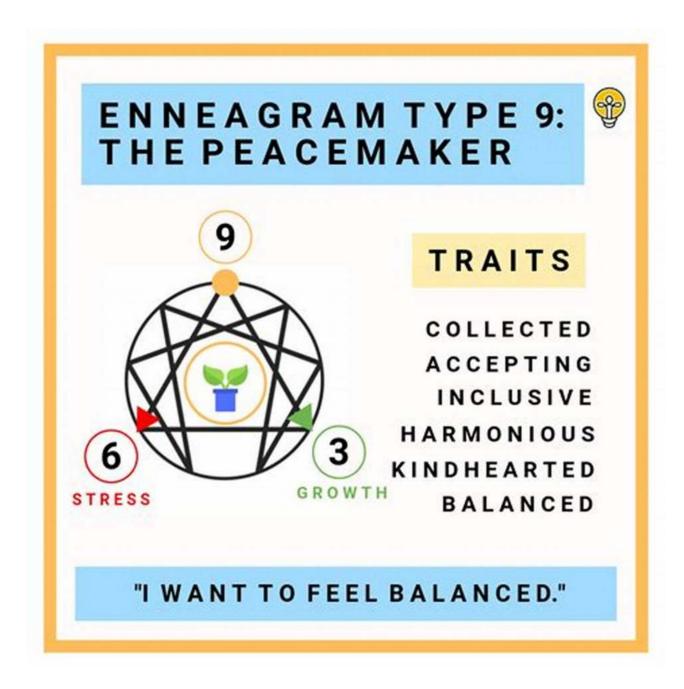
7. The Enthusiast/Epicure: Enthusiasts are joyful and adventurous, always seeking new experiences and avoiding pain.



8. The Challenger/Protector: Challengers are powerful and assertive, unafraid to confront and protect others.



9. The Peacemaker/Mediator: Peacemakers are calm and easygoing, striving for harmony and avoiding conflict.



Discovering Your Enneagram Type

Discovering your Enneagram type involves a deep exploration of your motivations, fears, desires, and patterns of behavior. There are various online tests and resources available that can assist you in determining your primary type, but it's essential to remember that self-reflection and personal insight are key to accurately identifying your Enneagram type.

Utilizing the Enneagram for Personal Growth

Once you have identified your Enneagram type, you can utilize this knowledge to

embark on a journey of personal growth and self-improvement. By understanding

your core motivations and fears, you can work towards breaking free from

unhealthy patterns and develop healthier ways of approaching life and

relationships.

Additionally, the Enneagram helps in developing empathy and understanding

towards others. It allows us to recognize and appreciate the diversity of human

personalities, promoting compassion and effective communication.

Enneagram in Interpersonal Relationships

Understanding the Enneagram types of the people around us can significantly

enhance our relationships. It provides insights into our interaction dynamics,

highlighting potential areas of conflict and areas of compatibility.

Being aware of the different personality types allows us to approach conflicts with

empathy and understanding, improving our ability to communicate effectively and

find common ground.

The Enneagram offers a profound understanding of ourselves and others,

encouraging personal growth and improving interpersonal connections. By

embracing the nine personality types and utilizing this knowledge, we can unlock

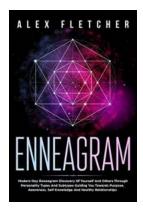
our true potential and foster meaningful relationships.

Keywords: Enneagram, personality types, self-awareness, personal growth,

interpersonal relationships

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ENNEAGRAM

If You Buy The Paperback Version You Will Receive The Kindle Version For Free!

Are you struggling to acknowledge who you really are and what motivates you as a person?

Are you unaware of the positive traits you can take advantage of in life that can make the difference you were missing? If so keep reading...

The Enneagram is an ancient personality type system with an accuracy in describing how human beings are wired, both positively and negatively.

The Enneagram dives into 9 personality types that have been existent since forever but were founded in the 1960's.

If you've ever wondered why it is that you behave the way you do on a day-to-day basis, this book describes why!

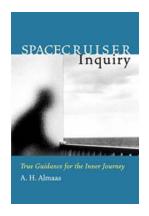
It is an eye opening experience for all to learn our why and enables us to understand why we react completely differently to certain situations and why certain things drive one of us crazy and the other couldn't care less.

Discover who you are, what motivates you, and how to be self-aware and work to nurture the grace-filled aspects of your number while understanding why we so easily fall prey to that sinful side.

Here Is What You'll Learn About...

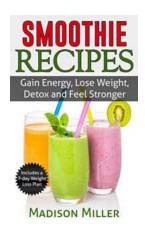
- The 9 Personality types that you are unaware of
- The 27 Subtypes that dive deeper into who you really are
- Secrets towards finding who you truly are
- How you can take advantage of your Personality Type and Grow exponentially
- Build stronger relationships with friends, family and your partner
- Understand others on a deeper level to create a more peaceful connection
- Find yours and others strengths to work as a team
- Your positive attributes motivating you towards change
- What type you are most compatible with and why
- Much, Much More!

Scroll up to download your copy today!



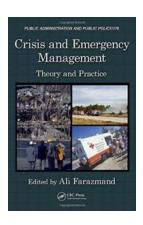
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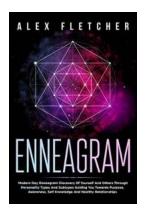
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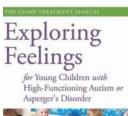
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