

Self Love Poetry For Thinkers Feelers

Self Discovery

I was young when I went off
to find myself, without you
to find myself

What I found was a boy
without love, all alone
all by himself

It was too late to turn back
I believe, and if I could've
you know I would've

Just what I learned was to love
people back, the ones who care
the ones who share

When I drive by our old home
I could cry, times we've had
the things we've shared

And in the end nothing's found
that wasn't already there
down deep inside
there was Love...

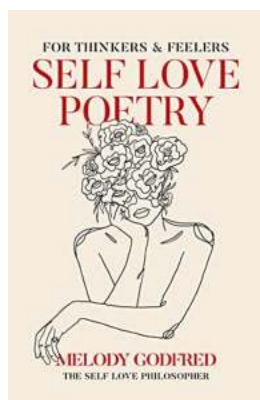
I found Myself.

Vincent LeVine

Love, the most intricate and vibrant emotion known to humanity, encompasses a wide array of expressions. The profoundness of self-love poetry has long captivated thinkers and feelers alike. In the realm of writing, poetry allows individuals to delve into the depths of their souls, unraveling hidden emotions and fostering self-discovery.

Why Self Love Poetry?

Self-love, often overlooked, forms the foundation upon which our entire well-being depends. It is the lighthouse guiding us through storms, the nurturing embrace in times of despair, and the wings that allow us to soar when the weight of the world bears down upon us. The power of self-love poetry lies in its ability to encapsulate these ethereal experiences with delicate words and metaphors.



Self Love Poetry: For Thinkers & Feelers

by Melody Godfred (Kindle Edition)

★★★★☆ 4.8 out of 5

Language : English

File size : 2658 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 210 pages



Through introspective verses and thought-provoking imagery, self-love poetry resonates with thinkers and feelers alike. Thinkers find solace in the profound messages and philosophical undertones, while feelers immerse themselves in the emotional rollercoaster evoked by the poet's words. This perfect amalgamation captivates the reader, leaving them both intellectually and emotionally fulfilled.

Unveiling the Essence of Self Love

Self love poetry holds an inexhaustible depth of meanings, each verse revealing a unique facet of this enigmatic concept. It unveils the essence of self-love through a tapestry of emotions, empowering readers to embark on a journey of self-discovery and acceptance.

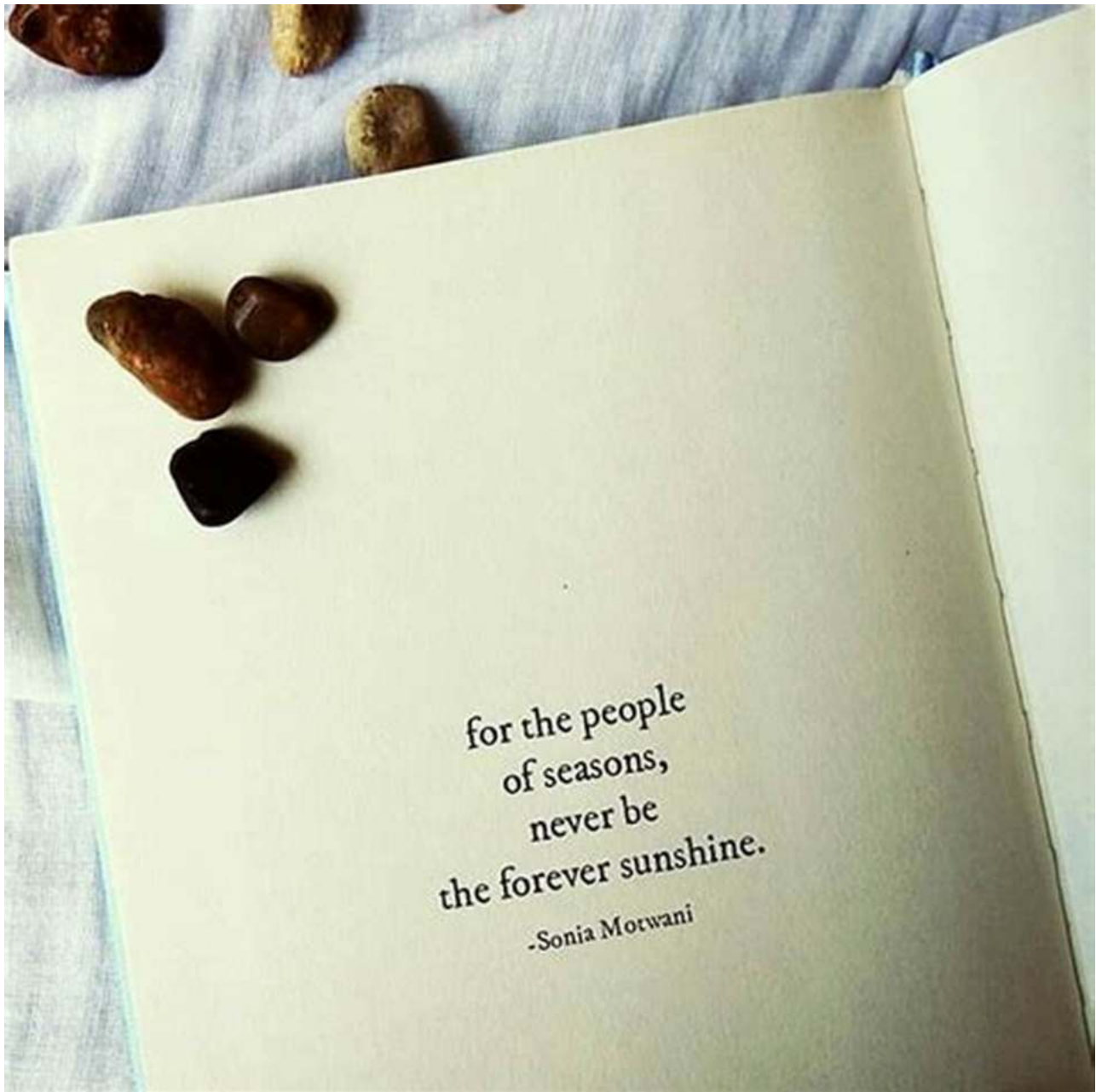
One poem might portray self-love as a celestial dance between the soul and the universe, where the individual finds solace in their own existence. Another might describe it as an enchanted garden, blooming with inner peace and acceptance. The beauty of self-love poetry lies in its ability to transcend boundaries and convey a universal message that resonates with readers across cultures and generations.

The Healing Power of Self Love Poetry

Self-love poetry possesses a profound healing power. By engaging with carefully crafted verses that foster introspection, readers embark on a transformative journey of self-exploration.

Through the power of poetry, individuals confront deep-seated insecurities, unravel suppressed emotions, and transcend limitations imposed by their own minds. Self-love poetry acts as a gentle nudge, encouraging readers to embrace vulnerability, acknowledge their inner struggles, and ultimately heal from past wounds.

The Impact on Thinkers and Feelers



for the people
of seasons,
never be
the forever sunshine.
-Sonia Morwani

For thinkers, self-love poetry ignites a flame of contemplation. It stimulates intellectual discourse, prompting individuals to dissect each verse and extract profound meanings. Philosophers, psychologists, and those inclined towards deep introspection find solace in the intricate symbolism and metaphysical dimensions of self-love poetry.

Feelers, on the other hand, embark on an emotional odyssey when they engage with self-love poetry. Words effortlessly weave a tapestry of emotions, evoking raw expressions of joy, sorrow, hope, and resilience. Feelers find an empathetic companion within the poet's words, their own experiences mirrored and validated, fostering a deep connection with the art.

Enriching the Mind, Filling the Soul

Self love poetry goes beyond mere words on a page; it enriches the mind and fills the soul. The power of profound verses lies in their ability to touch the reader's heart, challenge their perspective, and facilitate personal growth.

Reading self-love poetry not only deepens our understanding of the concept but also fosters a language of self-expression. As readers delve into the realms of artistry and reflection, they learn to articulate their own experiences, drawing inspiration from the poets who have translated their emotion into words.

Self Love Poetry: A Path to Empowerment



For thinkers and feelers alike, self-love poetry becomes a catalyst for personal empowerment. In a world marred by self-doubt and external pressures, poetry becomes a refuge where individuals can reclaim their sense of self-worth and authenticity.

Through the verses of self-love poets, readers find validation for their emotions, experiences, and struggles. They witness how self-love can blossom even in the harshest of circumstances, teaching them resilience and the importance of nurturing their own well-being.

The Universality of Self Love Poetry

Self-love poetry transcends cultural, linguistic, and generational barriers. Its universal appeal lies in the fact that self-love is a fundamental human experience,

pervasive across societies and eras.

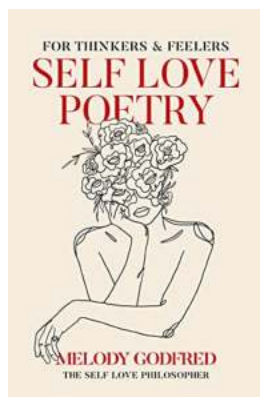
From the ancient Chinese poet Laozi to the contemporary works of Maya Angelou, self-love poetry has resonated with people across time. It serves as a reminder that the quest for self-acceptance and love is a timeless endeavor that unites us all.

In

The power of self-love poetry transcends our analytical minds and tugs at the strings of our hearts. It acts as a guiding light, illuminating the path towards self-acceptance, healing, and personal growth for thinkers and feelers alike.

Through captivating metaphors, introspective verses, and enchanting imagery, self-love poetry has the ability to transform lives. It cultivates a profound understanding of the self, fosters resilience, and reminds us that we are worthy of love and compassion.

So, immerse yourself in the eloquent symphony of self-love poetry and embark on a journey of self-discovery and inner healing.



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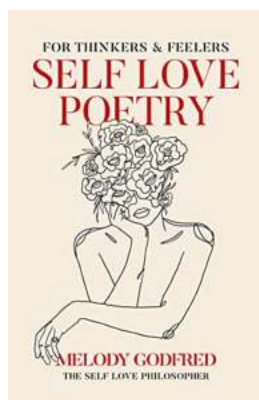
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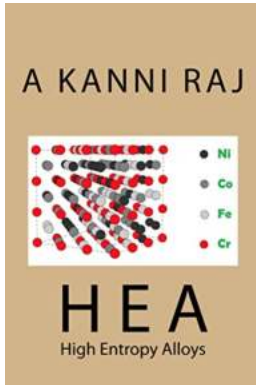
Readers have called her work “life changing,” “pandemic medicine,” and “part of my daily ritual.” Oprah Magazine and the Today Show have featured her work for its timely, uplifting wisdom. Now, Self Love Philosopher Melody Godfred shares her first poetry book, *Self Love Poetry: For Thinkers & Feelers*, a collection of 200 thought-provoking and heart-opening self love poems.

In *Self Love Poetry*, Godfred explores concepts like authenticity, surrender, resilience, gratitude, believing in yourself, and of course, love, through 100 pairs of poems, each dedicated to a central theme. On the left side of the book are "thinker" poems that light up the analytical, more literal, left side of the brain, and on the right side are companion "feeler" poems that speak to the creative, more emotional right side of the brain. Combined, the poems electrify the mind, body and soul through a completely unique poetry experience that inspires each of us to embrace all parts of ourselves. This empowering poetry book will not only engage you to think and feel, but will make you feel seen, show you how to love yourself, and encourage you to seek out the hope and beauty in the world ... and in yourself. It's the perfect gift for yourself or someone you love, especially after a most difficult year.



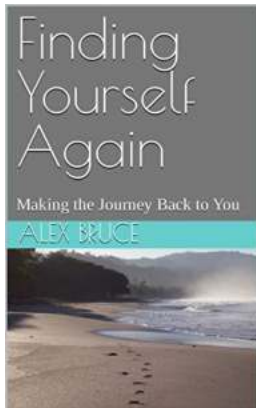
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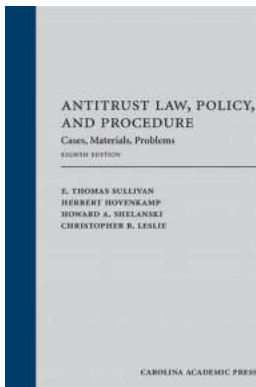
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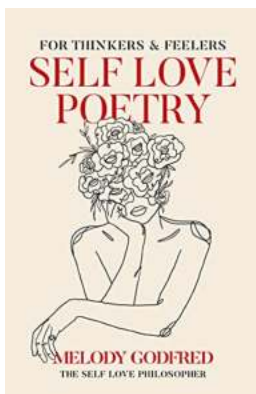
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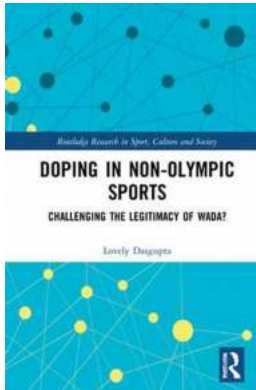
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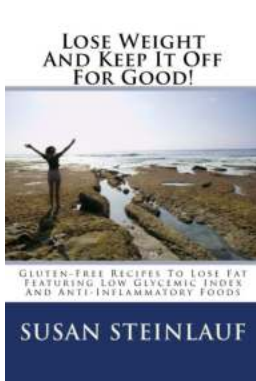
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