

Speed Picking Secrets For Smooth Economical Picking Mastery: Learn Rock Guitar

Are you ready to take your rock guitar playing to the next level? Tired of struggling to keep up with those lightning-fast solos? Look no further! In this article, we will uncover the speed picking secrets that will help you achieve smooth and economical picking mastery. Get ready to unleash your inner guitar hero!

What is Speed Picking?

Speed picking, also known as alternate picking, is a technique used by guitarists to play fast and intricate passages with precision. It involves using a combination of downstrokes and upstrokes to strike the strings while maintaining a consistent rhythm. By mastering speed picking, you can play lightning-fast solos, intricate riffs, and shred like a pro!

The Importance of Smooth and Economical Picking

Smooth and economical picking is crucial for playing fast passages effortlessly. When you have control over your picking hand, you can maintain a consistent flow while effortlessly navigating through complex guitar licks. Additionally, efficient picking reduces unnecessary tension in your hand, allowing you to play for longer periods without experiencing fatigue or strain.

Economy Picking Guitar Technique: Speed Picking Secrets for Smooth, Economical Picking Mastery (Learn Rock Guitar Technique)

by Chris Brooks (Kindle Edition)



★★★★☆ 4.9 out of 5
Language : English
File size : 31028 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 112 pages
Lending : Enabled



Speed Picking Secrets for Mastery

1. Correct Hand Positioning



Start by ensuring that your picking hand is positioned correctly. Hold the pick between your thumb and the side of your index finger, resting lightly against the

strings. Maintain a relaxed grip, allowing the pick to glide smoothly across the strings while maintaining control.

2. Mastering the Downstroke

The downstroke is the foundation of speed picking. Start by practicing a simple downstroke motion, keeping it smooth and consistent. Focus on utilizing your wrist's natural motion rather than relying solely on your arm's strength. Begin slowly and gradually increase the speed as you build muscle memory and control.

3. Incorporating the Upstroke

Once you have mastered the downstroke, it's time to incorporate the upstroke. The upstroke is the key to achieving speed and fluidity in your playing. Practice playing a simple upstroke motion, paying attention to maintaining the same smoothness as your downstroke. Experiment with different picking angles to find what feels most comfortable for you.

4. Alternate Picking Exercises

Now that you have the basics down, it's time to dive into alternate picking exercises. Start with simple patterns such as playing a single note on each string and gradually increase the complexity. Practice playing scales, arpeggios, and chromatic runs using alternate picking. Focus on maintaining a steady rhythm and clean articulation.

5. Focus on Economy of Motion

Economy of motion is essential for efficient picking. Minimize unnecessary movements by keeping your picking hand close to the strings. Avoid excessive motion or lifting your hand too far from the strings after each stroke. Remember,

the closer your hand is to the strings, the faster and more accurate your picking will be.

6. Using Metronome for Precision

Consistent timing is crucial for mastering speed picking. Practice with a metronome to develop a sense of timing and precision. Start at a comfortable tempo and gradually increase the speed as you become more comfortable. Focus on playing precisely on each beat and strive for accuracy rather than speed.

7. Patience and Persistence

Mastering speed picking is not an overnight process. It requires dedicated practice and patience. Start slow and gradually increase the speed as you build confidence and control. Be persistent, and don't get discouraged by initial difficulties. With time and practice, you will notice significant improvements in your speed and accuracy.

Take Your Guitar Playing to the Next Level

By incorporating these speed picking secrets into your practice routine, you can achieve smooth and economical picking mastery on your rock guitar journey. Remember to start slow, focus on technique, and be patient with yourself. With consistent practice and determination, you will be shredding like a guitar virtuoso in no time. Embrace the challenge, and unlock your full potential as a rock guitarist!

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Master Economy Picking For Guitar

Are you struggling to play fast, economy picked passages on guitar? Do you need a methodical guide to economy picking that's packed with hundreds of exercises and powerful strategies? Economy Picking Guitar Technique is a complete roadmap of methodical steps that will make you the perfect picker, from zero to hero, and includes the exact steps that virtuoso rock guitarist Chris Brooks used to build his own incredible techniques.

Economy picking is like two powerful picking systems in one - the strengths of alternate picking with the unbeatable efficiency of sweep picking.

This complete method teaches you everything from building firm foundations to performing blazing, musical etudes via more than 120 exercises and musical examples. Everything is broken down step-by-step and you'll quickly master each aspect of this essential guitar technique before moving on to the next.

The Perfect Method to Improve Economy Picking on Guitar

Each jam-packed chapter focuses on an essential aspect of economy picking technique and application... with plenty of licks and drills to reinforce every concept.

You'll master:

- Where and when to apply economy picking
- Rest strokes and picking orientation
- Ascending and descending sweep strokes
- Picking patterns optimised for economy and creativity
- Diatonic and pentatonic speed lines
- Creative applications and sequences
- How the pros pick their legendary licks
- Monster licks and etudes
- Over 120 powerful examples that advance as you do
- Notation and Guitar Tab with every pick stroke

Put Chops to Use in Real Music

Guitarists can be guilty of just playing exercises and not truly applying their technique to real music. The whole point of improving your technique is to be able to play music more easily, so in Economy Picking Guitar Technique you'll learn musical phrases and etudes written exclusively for this book in the styles of Frank Gambale, Eric Johnson, Yngwie Malmsteen, Guthrie Govan and more. These pieces will challenge and inspire you on your journey to intelligent, musical guitar technique.

Economy Picking Study Bonuses

Bonus 1: Learn how to build, analyze and update your practice routine with Chris Brooks' complete guide to efficient practice skills

Bonus 2: Hear every single example with Chris' exclusive audio performances that you can download for free.

Bonus 3: Free deep-dive video content to help you get to grips with the intricacies

of every movement.

Economy Picking Guitar Technique smashes your bad habits and is the quickest pathway to perfect, expressive performances on guitar. Plus, it's also the perfect curriculum for private teachers.

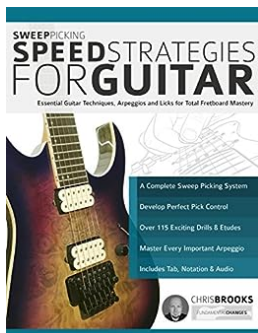
Perfect your picking today and quickly become a more accurate guitarist with unlimited musical potential.

Buy it now!



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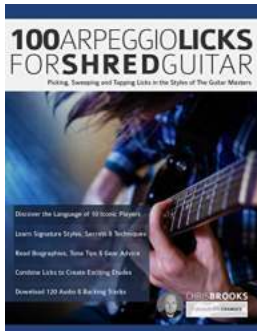
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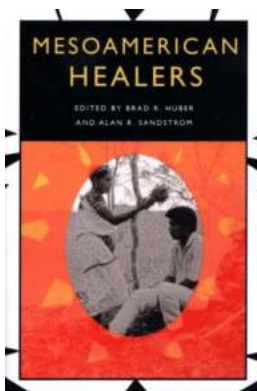
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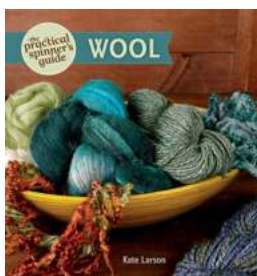
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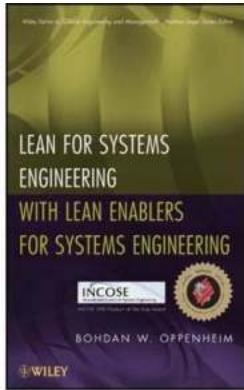
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