

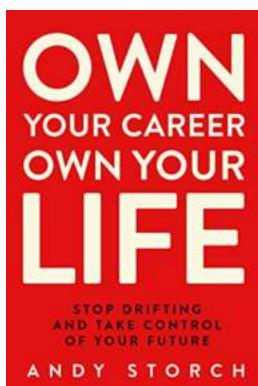
Stop Drifting And Take Control Of Your Future

Are you tired of feeling like you're just drifting through life, with no clear direction or purpose? Do you constantly find yourself wondering why you haven't achieved the goals you set for yourself? It's time to stop drifting and take control of your future! In this article, we will explore the reasons why people drift, the consequences of drifting, and most importantly, how you can regain control and create a future that you truly desire.

Why do people drift?

Many factors can lead to drifting. Sometimes it's the result of indecision or fear of making the wrong choices. Other times it's due to a lack of clear goals and a plan to achieve them. The fast-paced nature of modern life can also contribute to drifting, as we constantly face distractions and lose focus on what truly matters to us.

Moreover, societal expectations and pressures can push us towards drifting. We may find ourselves conforming to what is expected of us instead of following our own aspirations and dreams. By doing so, we lose touch with our true desires and goals, leading to a sense of unfulfillment and constantly wondering what could have been.



Own Your Career Own Your Life: Stop Drifting and Take Control of Your Future by Andy Storch (Kindle Edition)

★★★★☆ 4.8 out of 5

Language : English
File size : 4521 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled

Print length : 258 pages
Lending : Enabled



The consequences of drifting

When we drift through life, we miss out on the opportunity to live our lives to the fullest. We may wake up one day and realize that years have gone by, and we haven't achieved the things we wanted. Regret can start to set in, as we realize that we let life pass us by instead of actively pursuing our dreams.

In addition to the personal consequences, drifting can also affect our relationships, career, and overall well-being. Without a clear sense of direction, we may feel stuck, unfulfilled, and unhappy. We become reactive rather than proactive, always waiting for things to happen instead of taking charge and making them happen.

Taking control of your future

Fortunately, it's never too late to take control and start actively shaping your future. Here are some steps you can take:

1. Define your goals

Take the time to reflect on what you truly want in life. What are your passions and ambitions? Set clear and specific goals that align with your values and aspirations. This will give you a sense of purpose and direction.

2. Create a plan

Once you have defined your goals, create a plan of action. Break down your goals into smaller, manageable steps. This will help you stay focused and

motivated, as you can see progress along the way.

3. Eliminate distractions

In today's digital age, distractions are everywhere. Identify the things that distract you from your goals and take steps to minimize or eliminate them. This could mean setting boundaries with technology, prioritizing your time, or seeking support from loved ones.

4. Take consistent action

Consistency is key when it comes to taking control of your future. Each day, take small steps towards your goals. Even if progress seems slow at times, keep pushing forward. Remember, it's the small, consistent actions that lead to significant results over time.

5. Embrace growth and learning

To truly take control of your future, you must embrace personal growth and continuous learning. Be open to new experiences, seek knowledge, and be willing to step out of your comfort zone. Growth requires change and constant improvement.

6. Surround yourself with positive influences

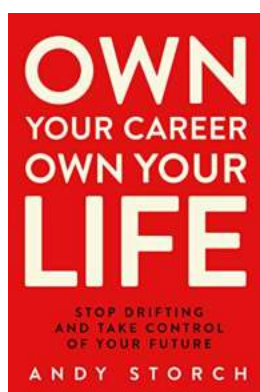
Your environment plays a significant role in shaping your mindset and beliefs. Surround yourself with individuals who inspire and support you. Seek out mentors or join communities that align with your goals. Surrounding yourself with positivity will fuel your motivation and determination.

7. Stay resilient and adapt

Life is full of ups and downs, and setbacks are inevitable. However, it's crucial to stay resilient during challenging times. Use setbacks as opportunities for growth

and learn from them. Adapt your plans if necessary but never lose sight of your ultimate goals.

Stop drifting and take control of your future. It's time to live a life filled with purpose, fulfillment, and achievement. By defining your goals, creating a plan, eliminating distractions, taking consistent action, embracing growth, surrounding yourself with positivity, and staying resilient, you can truly shape the future you desire. Don't let life pass you by – take charge and make it happen!



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Are you searching for a fulfilling career and a life that feels meaningful?

Do you want to wake up every morning feeling excited to start the day and confident that you are truly reaching your potential?

Own Your Career Own Your Life was written for you.

Andy Storch spent years stuck in the wrong career and drifting aimlessly through life. Now, he is a professional coach, consultant, speaker, and author whose life

mission is to equip others to live intentionally, love the life they live, and fulfill their true potential.

In his eagerly-anticipated book *Own Your Career Own Your Life*, you'll learn how to direct your own career, prepare for the future, and ultimately get back in the driving seat of your own life.

This book is intended to be a practical guide, so it is packed full of useful tips and easily actionable steps, as well as inspirational accounts of real-life events and helpful insights into the author's own life - including the exact, real-life strategies he has used to design a career and life he loves.

In Part 1 of *Own Your Career Own Your Life*, you'll learn how to:

- Set a flexible vision for your life that will make every big decision instantly easier to make
- Live life for yourself instead of other people
- Identify the habits that are holding you back and replace them with ones that propel you forward
- Discover your unique purpose and use it as the ultimate productivity tool
- Create a realistic, actionable life plan
- Connect with the right people to help you on your journey
- Respond proactively to challenges and turn disappointments into opportunities

In Part 2, you'll discover how to:

- Position yourself for success and stay relevant in a rapidly changing world

- Commit to personal development in a totally sustainable way
- Build a strong and supportive community around you
- Network with influential and inspirational people - even if you have financial or time limitations
- Build your personal brand, including using social media to add value whilst growing your reputation

And in Part 3 the author reveals how to:

- Adopt a growth mindset and embrace setbacks
- Maximize your productivity using 3 simple strategies
- Finally achieve your goals in 6 easily-actionable steps
- Stop playing the comparison game
- Consistently maintain the same 7 daily self-help habits Storch has used to start directing his own career and life.

Praise for Own Your Career Own Your Life

"Andy lays out exactly how to set a vision and go out and achieve your goals both in your career and your life." Hal Elrod, best-selling author of The Miracle Morningseries

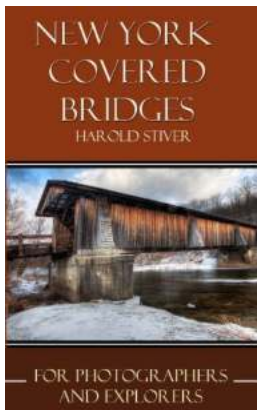
"This book is a must-read — no matter what stage you are at in your career." Marshall Goldsmith, NYT bestselling author

"An incredible reference manual for every person who wants to design a life they are truly proud and joyful to live!" Honorée Corder, strategic coach and author

"It truly has the power to inspire millions of people to stop drifting and take ownership of their careers." Claude Silver, Chief Heart Officer at VaynerMedia

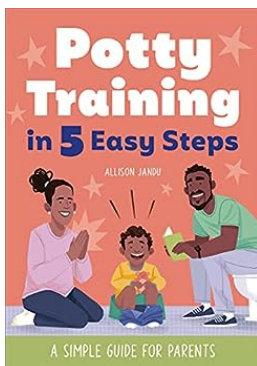
If you're looking for any of the following, then this book is right for you:

- Practical time management, self-leadership, career skills, and personal development hacks that go beyond the usual self-help and positive thinking
- Effective tips for personal development for life and work, business and career guidance, corporate career planning, and career development
- How to find your why, change your thoughts, improve your mind, motivate yourself, lead yourself first, choose your right career, and take control of your life.



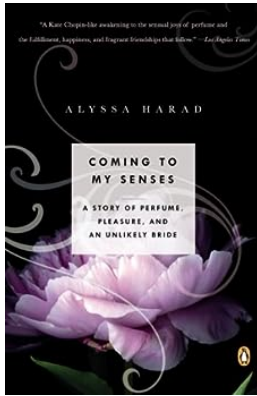
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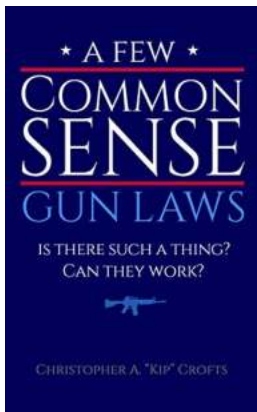
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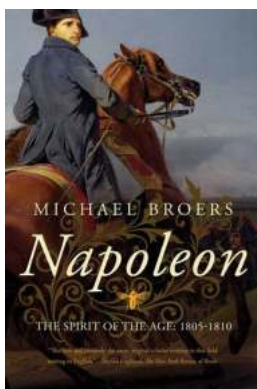
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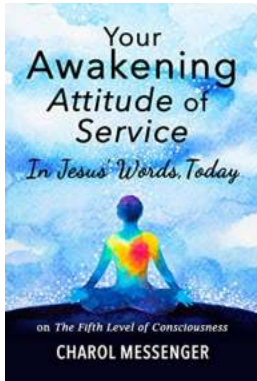
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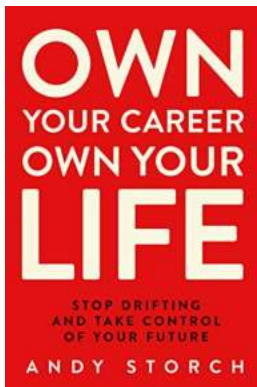
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