# Ten Simple Steps to Independent Contracting in Occupational Therapy

Occupational therapy is a rewarding profession that focuses on helping individuals achieve independence and improve their abilities to engage in daily activities. For therapists looking to take control of their careers and work independently, independent contracting can be an excellent option.

#### What is Independent Contracting in Occupational Therapy?

Independent contracting in occupational therapy refers to working as a selfemployed therapist, providing services to clients on a contractual basis. Instead of being employed by a specific facility or organization, independent contractors have the flexibility to set their own schedules, choose their clients, and determine their rates.

### Ten Simple Steps to Becoming an Independent Contractor

1. Assess Your Skills and Experience:



### Occupational Therapy: Ten Simple Steps to Independent Contracting by Tomeico Faison (Kindle Edition)

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Language	;	English
File size	:	2466 KB
Text-to-Speech	:	Enabled
Screen Reader	:	Supported
Enhanced typesetting	:	Enabled
Word Wise	:	Enabled
Print length	;	50 pages
Lending	:	Enabled



Determine your areas of expertise and identify the type of occupational therapy services you are most comfortable providing. This will help you specialize your services and define your target market.

2. Research Legal and Regulatory Requirements:

Before launching your independent contracting career, it is crucial to familiarize yourself with all the legal and regulatory requirements in your region. Ensure that you have the appropriate licenses and qualifications to practice as an independent contractor.

3. Establish a Business Entity:

Decide on the structure of your business - whether you want to operate as a sole proprietorship, partnership, limited liability company (LLC), or corporation. Consult with a business attorney or an accountant to understand the best option for your specific situation.

4. Create a Business Plan:

A well-thought-out business plan is essential for success as an independent contractor. Outline your mission, target market, marketing strategies, financial projections, and growth plans. This will provide you with a roadmap for achieving your goals.

5. Set Up a Professional Workspace:

Designate a space in your home or rent an office where you can meet with clients, organize your documentation, and efficiently manage your practice. Make sure your workspace is comfortable, inviting, and conducive to therapeutic interventions.

6. Develop a Marketing Strategy:

Creating a strong online presence through a website and social media platforms is crucial for attracting clients as an independent contractor. Utilize search engine optimization (SEO) techniques and promote your services effectively to reach your target audience.

7. Establish Relationships with Referral Sources:

Building relationships with physicians, hospitals, clinics, and other healthcare professionals can help you find a consistent stream of clients. Attend networking events and participate in local community initiatives to expand your professional network.

8. Determine Your Rates:

Consider your expertise, market demand, and local competition when setting your rates. Research current industry standards and adjust your prices accordingly. Offering competitive rates while maintaining quality services can attract more clients.

9. Obtain Liability Insurance:

Protect yourself from potential lawsuits by obtaining professional liability insurance. This insurance will cover any claims arising from your services and provide you with peace of mind while practicing as an independent contractor.

#### 10. Continuously Update Your Skills:

Stay abreast of the latest advancements in occupational therapy by attending workshops, conferences, and continuing education programs. Enhancing your skills and knowledge will ensure that you provide the most effective and evidence-based interventions to your clients.

Becoming an independent contractor in occupational therapy can be a rewarding and fulfilling career choice. By following these ten simple steps, you can navigate the path to independence with confidence and success. Remember, hard work, dedication, and continuous self-improvement are key to thriving in this dynamic field. Start your journey today and embrace the freedom and flexibility that independent contracting offers!



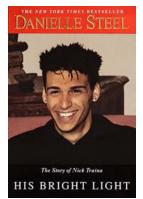
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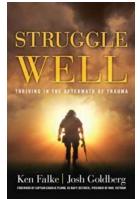


This ebook consists of the basic steps to becoming an independent contractor for therapists and is based on Tomeico Faison's success doing so to include generating over a million dollars in contracts. If you are looking for a booklet about opening up your own outpatient therapy practice or home health agency, then this is not the ebook for you. This ebook focuses on the business of independent contracting and is based on Tomeico Faison's personal success with this type of practice. She is sharing a simple way to be self-employed as a contractor with other businesses, such as the outpatient therapy practices or home health agencies. Independent contracting has certainly been a blessing to Tomeico Faison and she knows it can be a blessing for other therapists as well.



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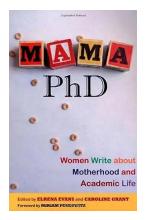
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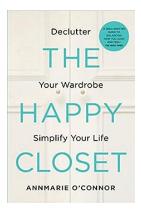
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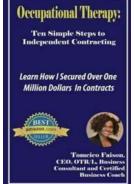
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