The Dos Osteopathic Medicine In America

Osteopathic medicine is a unique approach to healthcare that focuses on the whole person, not just the symptoms of an illness or disease. This alternative medical practice has become increasingly popular in America due to its holistic approach and emphasis on preventive care. In this article, we will explore the history, philosophy, and benefits of osteopathic medicine, as well as the role of osteopathic physicians in the modern healthcare system.

The History of Osteopathic Medicine

Osteopathic medicine dates back to the late 19th century when American physician Andrew Taylor Still developed a new approach to health and wellness. He believed that the body had the innate ability to heal itself, and that it was the physician's role to facilitate this natural healing process.

Dr. Still founded the first osteopathic medical school in Kirksville, Missouri, in 1892. He taught his students a hands-on approach to diagnosis and treatment, focusing on manipulating the musculoskeletal system to promote self-healing. This hands-on technique, known as osteopathic manipulative treatment (OMT), remains a cornerstone of osteopathic medicine to this day.

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The DOs: Osteopathic Medicine in America

by Norman Gevitz (3rd Edition, Kindle Edition)

★★★★★ 4.7 out of 5
Language : English
File size : 14170 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled

Word Wise : Enabled
Print length : 276 pages



The Philosophy of Osteopathic Medicine

At the core of osteopathic medicine is the belief that the body is a unified system, where all parts are interrelated and affect each other's function. Osteopathic physicians, also known as Doctors of Osteopathic Medicine (DOs), strive to understand the root causes of their patients' health concerns and address them in a comprehensive way.

Unlike traditional allopathic medicine, which primarily relies on medications and surgery, osteopathic medicine takes a more holistic approach. DOs consider the impact of lifestyle, environment, and mental well-being on a patient's health, placing a strong emphasis on preventive care and patient education.

The Benefits of Osteopathic Medicine

One of the major benefits of osteopathic medicine is the emphasis on preventive care. DOs advocate for healthy living practices such as proper nutrition, regular exercise, and stress management to promote overall wellbeing. By focusing on preventing illnesses and addressing risk factors, osteopathic physicians can help patients avoid chronic diseases.

Osteopathic medicine also offers a range of treatment options beyond prescription medications. OMT is one such example, where skilled hands-on manipulation techniques are applied to diagnose, treat, and prevent illness or injury. This approach can be particularly effective in addressing musculoskeletal issues, including back pain, migraines, and sports injuries.

Additionally, DOs are trained in all medical specialties and can practice in any field. They have the same rights, responsibilities, and privileges as medical doctors (MDs), allowing patients to receive comprehensive care from an osteopathic physician.

The Role of Osteopathic Physicians in the Healthcare System

Osteopathic physicians play a vital role in the modern healthcare system, providing patient-centered care that considers all aspects of health. They work alongside other healthcare professionals, including medical doctors, nurses, and specialists, to ensure the best possible outcomes for their patients.

DOs can pursue careers in primary care, specialized fields, or even academic and research positions. Their unique skill set and holistic approach make them valuable members of healthcare teams, contributing to a more comprehensive and patient-focused medical system.

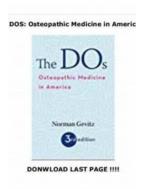
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Osteopathic medicine has gained recognition and popularity in America due to its patient-centered approach, emphasis on preventive care, and holistic philosophy. The unique combination of hands-on techniques and comprehensive medical training makes osteopathic physicians an important part of the healthcare system. Whether it's addressing musculoskeletal issues or providing primary care, DOs play a significant role in promoting the overall well-being of their patients.

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A comprehensive portrait of the osteopathic medical profession.

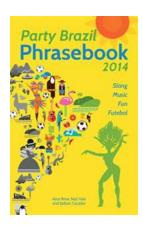
Overcoming suspicion, ridicule, and outright opposition from the American Medical Association, the osteopathic medical profession today serves the health needs of more than thirty million Americans. Osteopathic medicine is now the fastest-growing segment of the US physician and surgeon population. In The DOs, historian Norman Gevitz chronicles the development of this controversial medical movement from its nineteenth-century origins in the American Midwest to the present day. He describes the philosophy and practice of osteopathy, as well as the impact of osteopathic medicine on health care.

In print continuously since 1982, The DOs has now been thoroughly updated and expanded. From the theories underlying the use of spinal manipulation developed by osteopathy's founder, Andrew Taylor Still, Gevitz traces the movement's early success, despite attacks from the orthodox medical community. He also recounts the efforts of osteopathic medical colleges to achieve parity with institutions granting MD degrees and looks at the continuing effort by osteopathic physicians and surgeons to achieve greater recognition and visibility.

Bringing additional light to the philosophical origins and practices of the osteopathic movement, as well as the historic debates about which degree to offer its graduates, this volume

- chronicles the challenges the profession has faced in the early decades of the twenty-first century
- addresses recent challenges to the osteopathic medical profession
- explores efforts at preserving osteopathy's autonomy and distinctiveness
- offers a new perspective on the future of osteopathic medicine

Based on an extensive examination and evaluation of primary sources, as well as countless interviews with individuals both inside and outside osteopathic medicine, The DOs is the definitive history of the osteopathic medical profession.



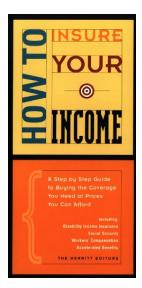
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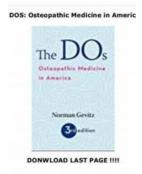
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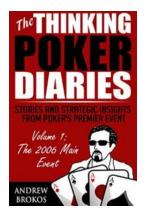
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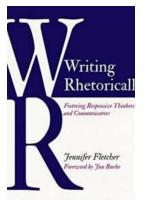
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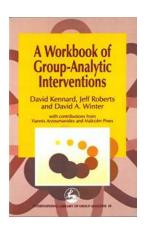
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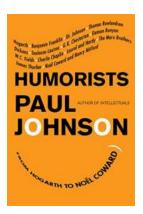
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