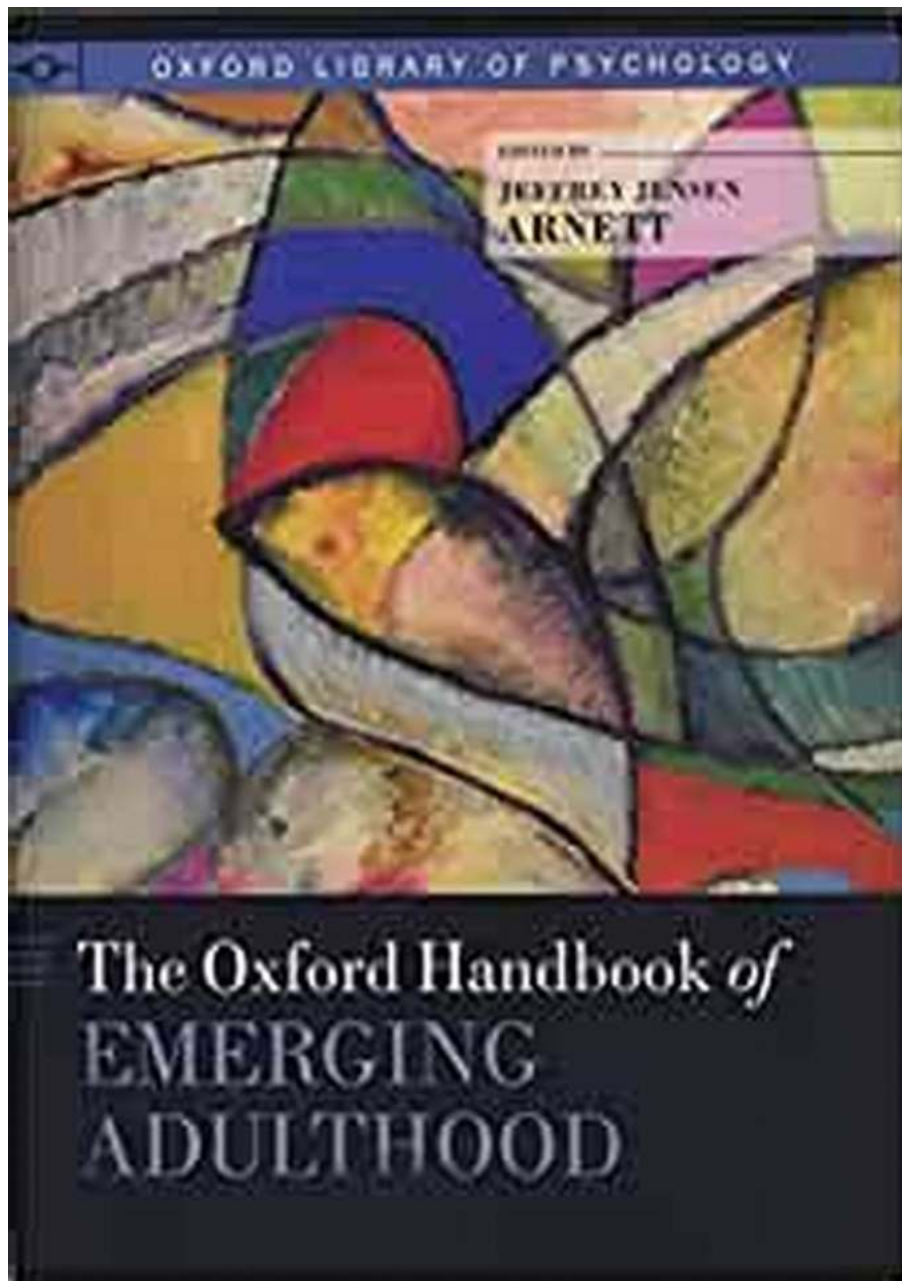


The Oxford Handbook Of Emerging Adulthood: A Comprehensive Guide to Psychological Development

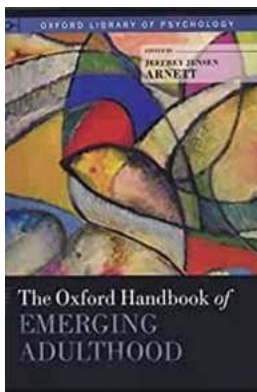


In today's rapidly changing world, the transition from adolescence to adulthood has become a complex and challenging journey. As young people navigate

through this period of their lives, they encounter various physical, social, and psychological changes, shaping their identities and future trajectories. The Oxford Handbook Of Emerging Adulthood, part of the Oxford Library Of Psychology, offers a comprehensive guide to understand and navigate the intricacies of this transformative phase.

Understanding the Emerging Adulthood Stage

Emerging adulthood, a term coined by renowned psychologist Jeffrey Jensen Arnett, refers to the transitional stage between adolescence and full adulthood. This period typically occurs between the ages of 18 to 29 and is characterized by exploration, identity formation, self-discovery, and experimentation. The Oxford Handbook Of Emerging Adulthood delves deep into the key topics, theories, and research findings surrounding this critical phase of human development.



The Oxford Handbook of Emerging Adulthood (Oxford Library of Psychology)

by Jeffrey Jensen Arnett (1st Edition, Kindle Edition)

★★★★★ 5 out of 5

Language : English

File size : 29229 KB

Print length: 656 pages

Lending : Enabled



A Wealth of Expertise

The Oxford Handbook Of Emerging Adulthood brings together contributions from leading experts in the field of psychology. Edited by Dr. Jeffrey Jensen Arnett himself, the handbook encompasses a range of perspectives, providing readers

with a well-rounded understanding of emerging adulthood as a psychological construct.

The diverse expertise captured in this handbook covers a wide array of topics, including but not limited to:

- Identity development
- Relationship dynamics
- Educational experiences
- Career pathways
- Mental health challenges
- Personal growth and resilience

By exploring these areas in-depth, The Oxford Handbook Of Emerging Adulthood equips researchers, practitioners, and students alike with the knowledge and insights needed to drive meaningful change and support young adults during this critical phase of life.

Key Features and Benefits

In-Depth Coverage

The handbook's 25 chapters provide comprehensive coverage of topics related to emerging adulthood, ensuring a thorough exploration of the field.

Interdisciplinary Perspectives

It incorporates perspectives from various disciplines, including psychology, sociology, education, and public health, acknowledging the multidimensional nature of emerging adulthood.

Evidence-Based Research

Each chapter draws upon a rich body of research, offering evidence-based insights into the complexities of emerging adulthood.

Practical Applications

The handbook offers practical implications for professionals working with young adults, guiding the development of effective interventions and strategies.

Why The Oxford Handbook Of Emerging Adulthood Is a Must-Read

As society continues to evolve and traditional markers of adulthood become more fluid, understanding emerging adulthood is crucial for policymakers, educators, mental health professionals, and individuals in this stage of life. The Oxford Handbook Of Emerging Adulthood serves as an invaluable resource, bridging the gap between research and practice and shedding light on the challenges and opportunities young adults face.

Whether you are a researcher looking for an overview of the latest theories and findings or a professional seeking practical insights to support and empower emerging adults, this handbook offers the depth and breadth you need.

The Journey Begins

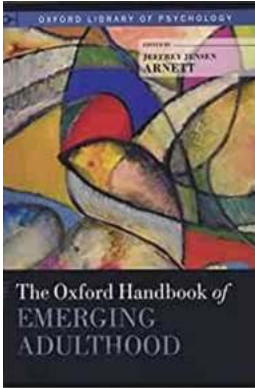
Navigate the complexities of emerging adulthood with The Oxford Handbook Of Emerging Adulthood. Unlock the knowledge, gain the insights, and make a lasting impact on the lives of young adults as they embark on their journey to adulthood.

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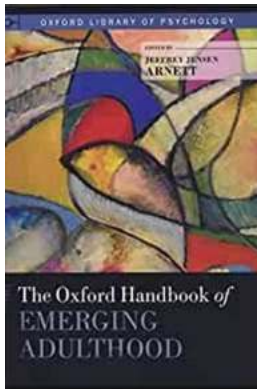
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In recent decades, the lives of people in their late teens and twenties have changed so dramatically that a new stage of life has developed. In an original paper published in 2000, Jeffrey Jensen Arnett identified this period, coining it "emerging adulthood," and he distinguished it from both the adolescence that precedes it and the young adulthood that comes in its wake. His new paradigm received a surge of scholarly attention after his first book on the topic launched the field, and both a flourishing society and journal developed to further expand this area of research. Studies and publications on emerging adulthood now abound, and the leading research has yet to be organized into a single handbook that covers the field.

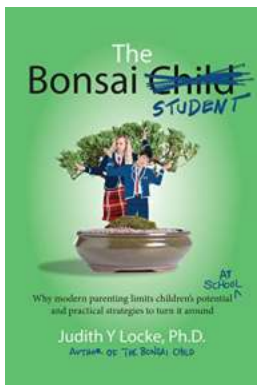
The Oxford Handbook of Emerging Adulthood is the first and only comprehensive compilation spanning the field of emerging adulthood. Expertly edited by Arnett, this Handbook is comprised of cutting-edge chapters written by leading scholars in developmental psychology. Topics include theoretical perspectives and structural influences in the field; cognitive development during emerging adulthood; family, friendship, and romantic relationships; sexual identity and orientation; education and work; leisure and media use; mental health; religious and political beliefs; positive development; and substance abuse and crime, to

name a few. Sure to be the definitive resource for researchers, scholars, and students studying emerging adulthood, this Handbook will pave the way for new scholarship in this expanding area of inquiry and serve as an excellent resource for the wider field of developmental psychology.



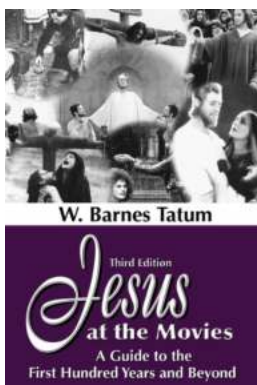
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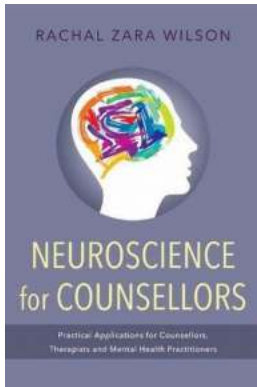
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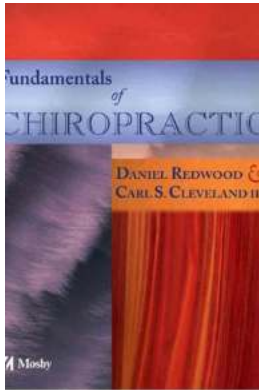
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