# Twenty One Mental Models That Can Change Policing

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""Mental models are how we understand the world. Not only do they shape what we think and how we understand, but they shape the connections and opportunities that we see. Mental models are how we simplify complexity, why we consider some things more relevant than others, and how we reason." - Farnam Street "

Policing plays a vital role in ensuring public safety and maintaining law and order in society. The challenges faced by law enforcement agencies and officers are constantly evolving, requiring the adoption of new approaches and strategies. One area that can greatly contribute to enhancing policing methods is the use of mental models. Mental models are cognitive frameworks that help individuals make sense of the world, process information, and make decisions. By integrating these models into policing practices, law enforcement professionals can gain valuable insights, improve their decision-making processes, and foster positive change in the communities they serve.

#### The Power of Mental Models

Mental models provide a lens through which individuals can analyze and understand complex situations effectively. They help in making connections, pattern recognition, and critical thinking. For policing, mental models can assist officers in assessing risk, navigating different scenarios, and maintaining public trust. By expanding their mental frameworks, law enforcement professionals can gain a broader perspective and make more informed decisions, leading to better outcomes in policing practices.



Twenty-one Mental Models That Can Change Policing: A Framework for Using Data and Research for Overcoming Cognitive Bias (Routledge Series on Practical and Evidence-Based Policing) by Renée J. Mitchell (1st Edition, Kindle Edition)

***		5 out of 5
Language	:	English
File size	;	13059 KB
Screen Reader	:	Supported
Print length	:	228 pages



#### Mental Models That Can Revolutionize Policing

**1. The OODA Loop:** Observe, Orient, Decide, Act. This model aids in rapid decision-making and adapting to changing situations effectively.

**2. Broken Windows Theory:** Focusing on addressing minor offenses can prevent more significant crimes and promote neighborhood safety.

**3. Community Policing:** Engaging with the community, building trust, and collaborating to solve problems collectively.

**4. Procedural Justice:** Emphasizing fairness, neutrality, participation, and transparency in police-citizen interactions.

**5. Problem-Oriented Policing:** Identifying recurring issues and adopting solutions tailored to the underlying problems.

**6. Intelligence-Led Policing:** Utilizing data analysis techniques to identify crime patterns and proactively prevent criminal activities.

**7. Defensible Space Theory:** Designing physical environments to deter crime and enhance community safety.

**8. The SARA Model:** Scanning, Analysis, Response, and Assessment, a problem-solving method widely used in community policing.

**9. The 80/20 Principle:** Focusing efforts on the most critical issues and factors that yield the highest impact in crime reduction.

**10. Situational Awareness:** Being alert and perceptive of one's surroundings to assess potential risks and threats.

**11. Harm Reduction Model:** Shifting focus towards minimizing harm and providing support rather than punitive measures for drug-related offenses.

**12. Emotional Intelligence:** Developing skills to recognize and manage emotions, fostering empathy and effective communication with the community.

**13. Systems Thinking:** Understanding the interdependencies and relationships within complex systems to identify effective interventions.

**14. Bias Awareness:** Recognizing and managing implicit biases to ensure fair and equal treatment to all individuals.

**15. The Dunning-Kruger Effect:** Awareness of the cognitive bias that can lead to overestimation or underestimation of one's abilities, skills, or knowledge.

**16. Theory of Planned Behavior:** Understanding the psychological factors that influence human behavior to develop effective crime prevention strategies.

**17. Restorative Justice:** Focusing on healing, rehabilitation, and reintegrating offenders into society while holding them accountable for their actions.

**18. The Broken System Theory:** Addressing deficiencies in the criminal justice system to prevent recurring cycles of crime.

**19. Cultural Competence:** Understanding different cultures and their values to improve interactions with diverse communities.

**20. Rational Choice Theory:** Recognizing that individuals weigh costs and benefits when deciding to commit a crime and developing strategies to deter such choices.

**21. The Diffusion of Innovation:** Understanding how new policing methodologies can be effectively implemented and adopted within organizations.

#### **Promoting Positive Change**

Adopting these mental models can empower law enforcement professionals to transcend traditional approaches and foster positive change within the policing system. By implementing these models, officers can enhance their understanding of the complex realities they face, develop more effective strategies, and improve community relationships. Furthermore, integrating mental models into police training curricula can ensure future generations of officers are equipped with the necessary tools for successful law enforcement practices. The dynamic nature of policing necessitates continuous innovation and adaptation. By embracing and leveraging mental models, law enforcement professionals have the opportunity to transform policing practices and make a significant impact on public safety. These models, when combined with appropriate training and implementation strategies, can not only enhance decision-making and problem-solving capabilities but also strengthen policecommunity relationships for the betterment of society as a whole.



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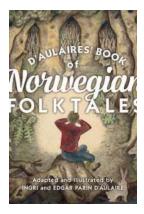
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This book goes beyond other police leadership books to teach practitioners how tothink about policing in a structured way that synthesizes criminological theory, statistics, research design, applied research, and what works and what doesn't in policing into Mental Models. A Mental Model is a representation of how something works. Using a Mental Model framework to simplify complex concepts, readers will take away an in-depth understanding of how cognitive biases affect our ability to understand and interpret data, what empirical research says about effective police interventions, how statistical data should be structured for management meetings, and how to evaluate interventions for efficiency and effectiveness.

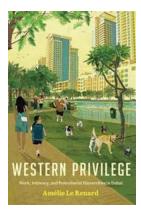
While evidence-based practice is critical to advancing the police profession, it is limited in scope, and is only part of what is necessary to support sustainable change in policing. Policing requires a scientifically based framework to understand and interpret data in a way that minimizes cognitive bias to allow for better responses to complex problems. Data and research have advanced so rapidly in the last several decades that it is difficult for even the most ambitious of police leaders to keep pace. The Twenty-one Mental Models were synthesized to create a framework for any police, public, or community leader to better understand how cognitive bias contributes to misunderstanding data and gives the reader the tools to overcome those biases to better serve their communities.

The book is intended for a wide range of audiences, including law enforcement and community leaders; scholars and policy experts who specialize in policing; students of criminal justice, organizations, and management; reporters and journalists; individuals who aspire to police careers; and citizen consumers of information about policing. Anyone who is going to make decisions about their communities based on data has a responsibility to be numerate and this book Twenty-one Mental Models That Can Change Policing: A Framework For Using Data and Research For Overcoming Cognitive Bias, will help you become just that.



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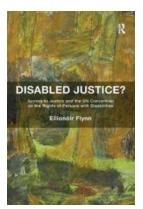
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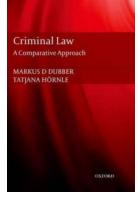
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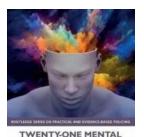


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