# What Are The Main Symptoms Of Autism?

Autism is a neurodevelopmental disorder that affects individuals in various ways. It is characterized by difficulties in social interaction, communication challenges, and repetitive patterns of behavior. While every person with autism is unique and may experience different symptoms, there are some common signs that can indicate the presence of this condition.

#### **Social Interactions**

Individuals with autism often face challenges when it comes to social interactions. They may struggle with maintaining eye contact, understanding nonverbal cues, and engaging in reciprocal conversations. They may also find it difficult to make or maintain friendships, as they struggle to recognize and respond to social norms. Due to these difficulties, individuals with autism may prefer solitary activities and exhibit a lack of interest in sharing experiences with others.

#### **Communication Difficulties**

Communication is another area where individuals with autism may experience challenges. They may have delays in language development and struggle with understanding and using gestures, facial expressions, and tone of voice. Some individuals may have a limited vocabulary or repeat words or phrases without understanding their meaning. Others may have a remarkable vocabulary but struggle with comprehension or language pragmatics, making it difficult for them to engage in meaningful conversations.

**What Are The Main Symptoms Of Autism:** 

**Managing Emotions** by Barb Bailey (Kindle Edition)

★ ★ ★ ★ ★ 4.5 out of 5

Language : English



File size : 483 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 133 pages
Lending : Enabled



#### **Repetitive Behaviors**

Many individuals with autism engage in repetitive behaviors, also known as stereotypy. These behaviors can take various forms, such as hand flapping, rocking back and forth, or repetitive vocalizations. These repetitive behaviors may serve as a way for individuals with autism to self-stimulate or self-soothe. However, they can also serve as a mechanism to cope with anxiety or sensory overload.

#### **Restricted Interests and Routines**

Individuals with autism often display restricted interests and routines. They may fixate on specific topics or objects and display an intense interest in them, sometimes to the exclusion of other activities. They may also become upset or distressed when their routines or environment is changed, as they rely on predictability and familiarity to feel comfortable. These rigid routines and adherence to specific interests can help individuals with autism navigate the complexities of their world and provide a sense of control.

#### **Sensory Sensitivities**

Many individuals with autism have heightened sensory sensitivities. They may be extremely sensitive to sounds, lights, textures, tastes, or smells, and may become overwhelmed or distressed by certain sensory experiences. Conversely, some individuals may seek sensory input, such as rocking or spinning, to regulate their sensory systems. These sensitivities can impact daily life and may contribute to difficulties with social interactions and communication.

### **Other Symptoms**

In addition to the main symptoms described above, individuals with autism may also display other behaviors or characteristics. Some individuals may have difficulties with motor skills, coordination, and balance. They may also struggle with executive functioning skills, such as planning, organizing, and problemsolving. Anxiety and depression are common co-occurring conditions in individuals with autism, as they navigate the challenges of daily life.

Autism is a complex and diverse condition, and the symptoms can vary widely from person to person. Recognizing the main symptoms, such as difficulties in social interactions, communication challenges, repetitive behaviors, restricted interests and routines, and sensory sensitivities, can help identify individuals who may be on the autism spectrum. Understanding these symptoms is crucial in order to provide the necessary support and interventions to help individuals with autism lead fulfilling lives.



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Do you want to help your child improve his or her social skills? PREP for Social Success gives you an easy-to-remember four-step program to help teach your child the skills needed to succeed in various social situations. We show you a number of ways in which you can PLAN, REHEARSE, ENCOURAGE and PRAISE your child in order to improve his/her ability to adapt to and function in a variety of settings. Without appropriate social skills and emotion management, your child will have difficulty in social relationships.

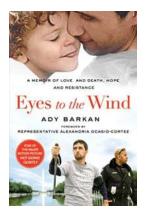
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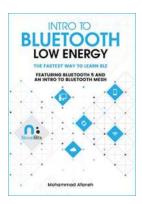
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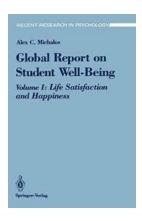
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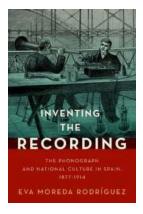
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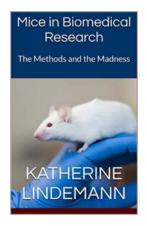
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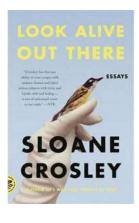
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